

**CAN SUPPORT OF INTRACARDIAC
ECHOCARDIOGRAPHY HELP TO REDUCE
RADIOLOGICAL EXPOSURE WITHIN
ELECTROPHYSIOLOGICAL
LABORATORY?**

***Maines Massimiliano,
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**Advances in Cardiac Arrhythmias
and Great Innovations in Cardiology
Turin, 25 October 2012**

Introduction

Intracardiac echocardiography allows to have continuous real-time images of the anatomy and cardiac events during intracardiac ablation procedures

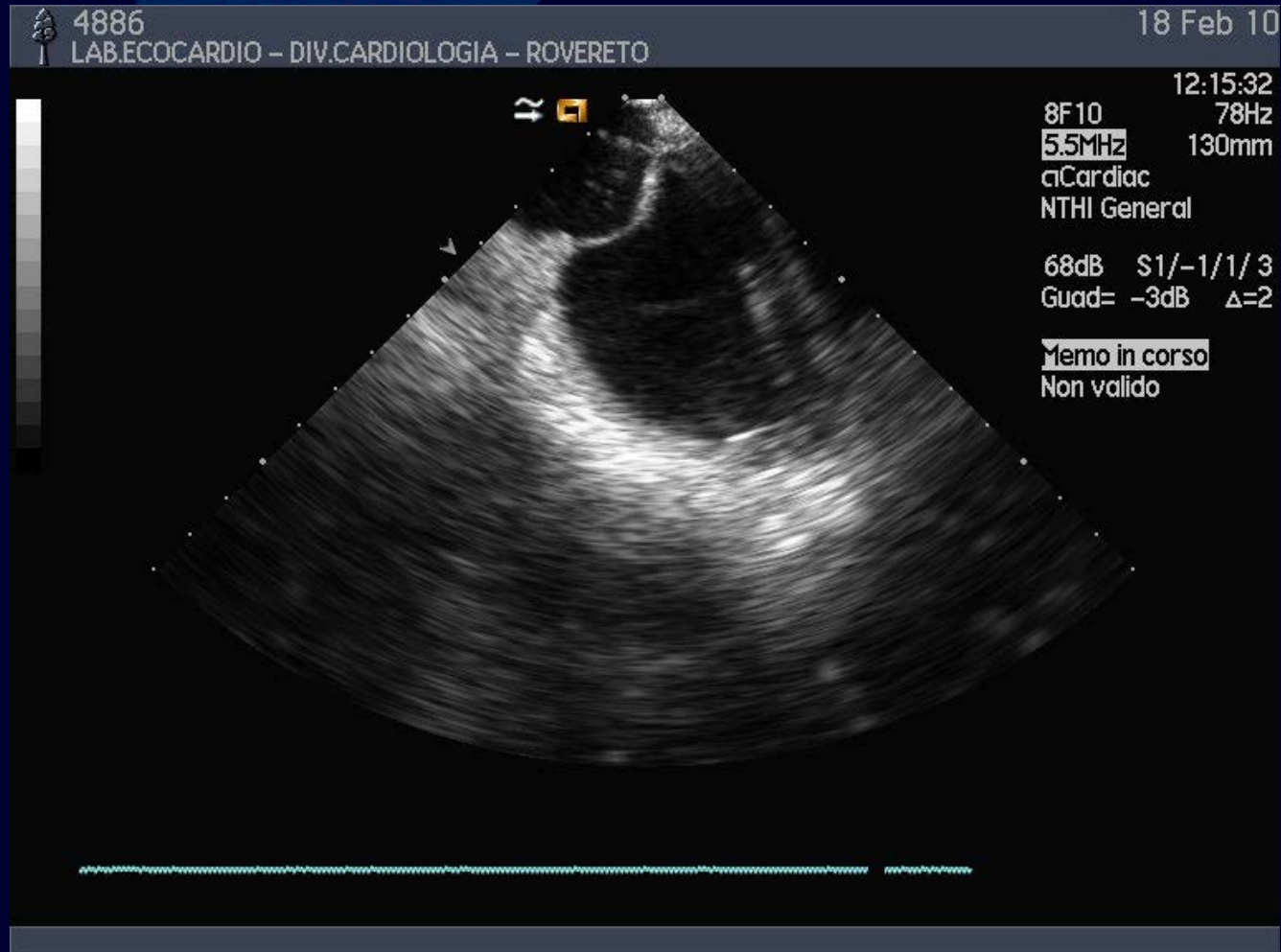
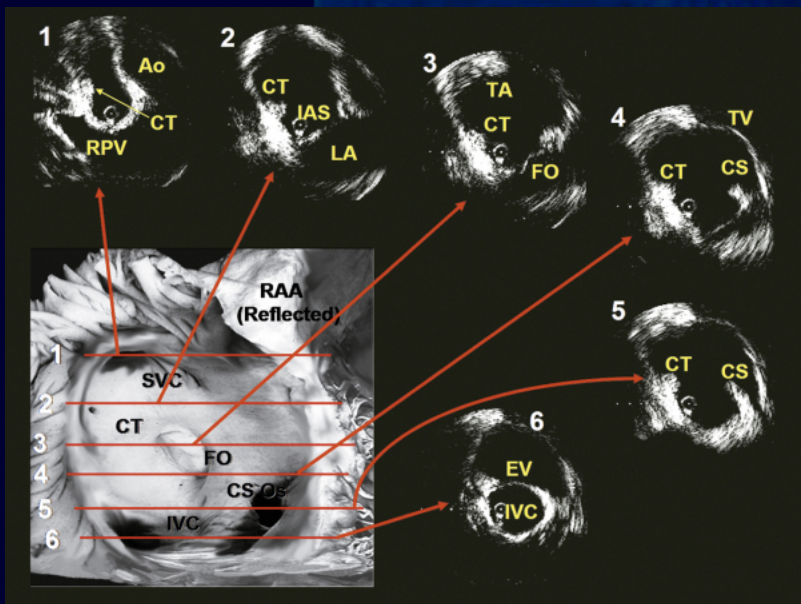
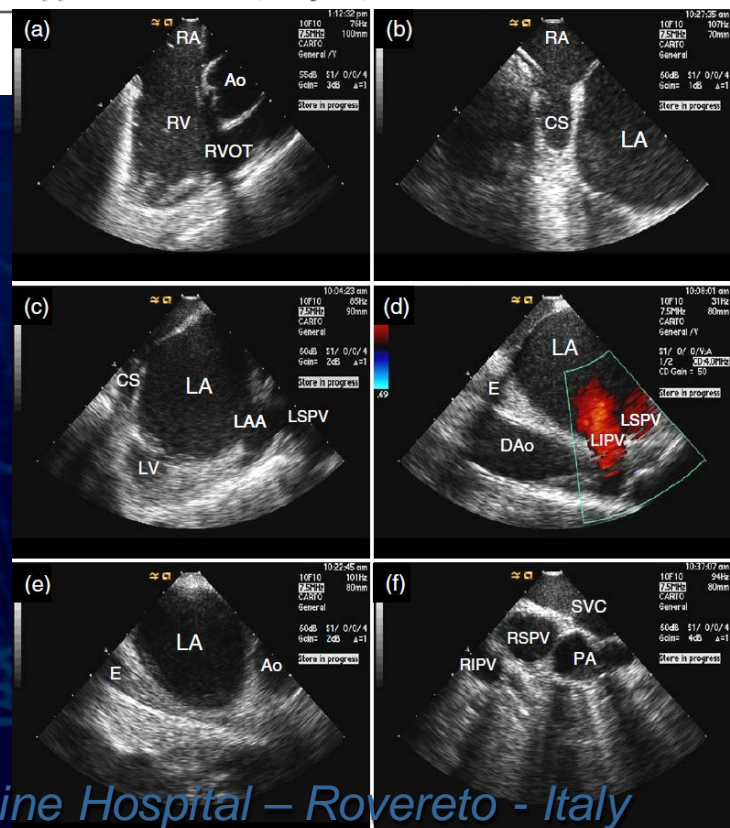


Table. Presently Available Intracardiac Imaging Devices and Their Capabilities

| Device Name | Company | Features |
|---------------------------|---------------------------|--|
| UltraICE | Boston Scientific | 9F nonsteerable rotational motor-driven grayscale only system |
| AcuNav | Siemens, Biosense-Webster | Side-looking 64-element phased-array 4-way steerability, 8F and 10F; grayscale, color Doppler, tissue Doppler, 3D localization with Cartosound |
| EP Med View Flex Catheter | St Jude Medical | Runs side-looking 64-element catheter on the Viewmate scanner, 10F introducer, 2-way flex color Doppler, grayscale, tissue Doppler 8-2 MHz |
| ClearICE | St Jude Medical | Derived from the hockey stick, 64-element side-looking highly steerable 4-way side-looking array with 2 sets of electrodes for integration of 3D localization with NavX; runs on the GE Vivid / scanner; grayscale, tissue Doppler, synchronization mapping, 2D speckle tracking |
| SoundStar Catheter | Biosense-Webster | This is a new catheter, just now marketed as a 10F (3.33-mm) device with integrated ultrasound array (like AcuNav) but with the CARTO magnetic sensor in the tip; this is now FDA approved; FDA 510(k) No. is K070242, May 15, 2007 |

3D indicates 3-dimensional; 2D, 2-dimensional; and FDA, Food and Drug Administration.



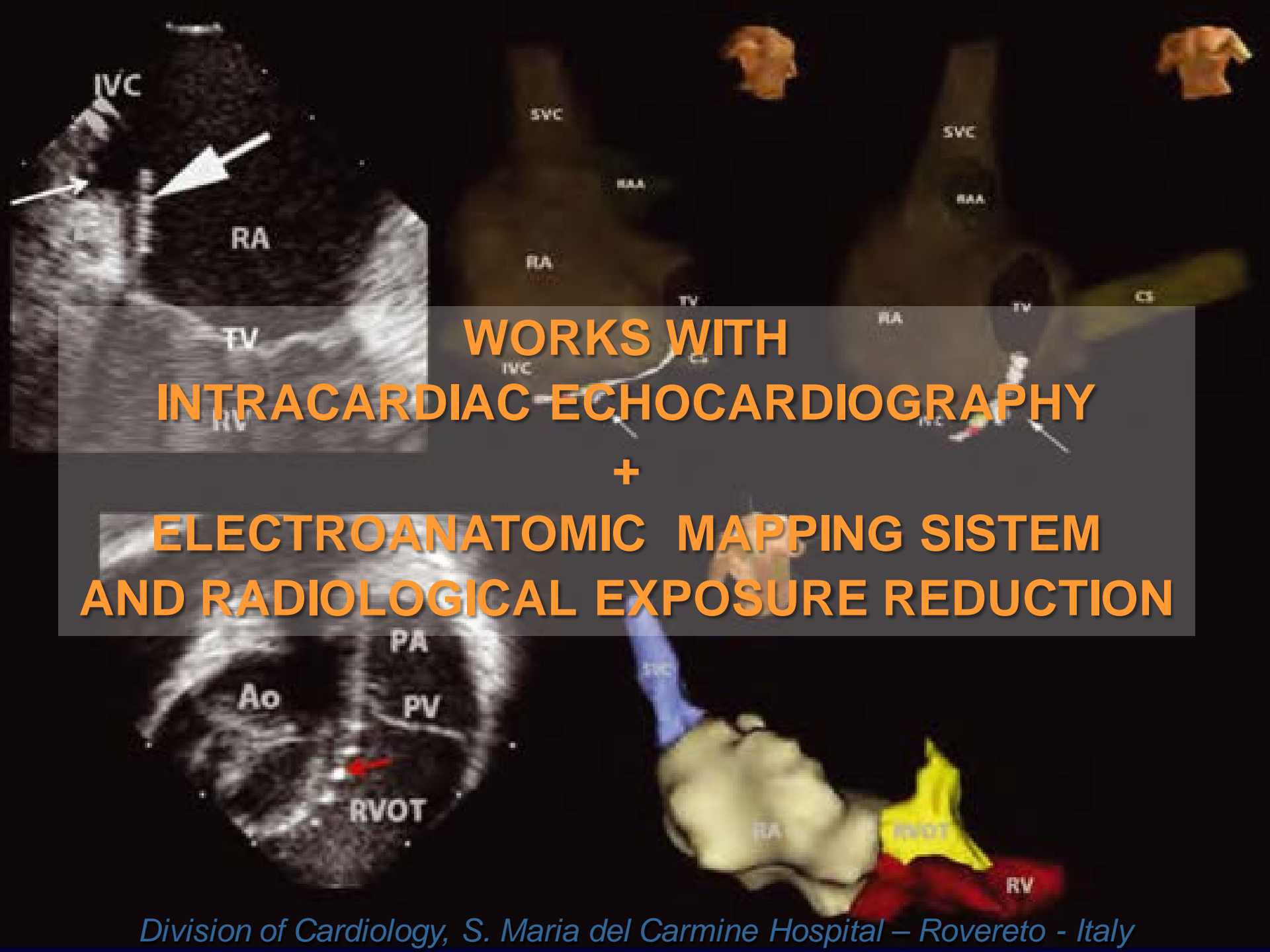
Introduction

Uses of ICE in the electrophysiology laboratory have included:

- ✓ the identification of atrial endocardial structures and the manipulation of mapping and ablation catheters in relation to these structures
- ✓ the creation and quantification of focal and continuous radiofrequency ablation (RFA) lesions
- ✓ guidance in the performance of atrial transseptal puncture
- ✓ identification and prevention of procedural complications.



REDUCTION OF RADIOLOGICAL EXPOSURE



**WORKS WITH
INTRACARDIAC ECHOCARDIOGRAPHY**

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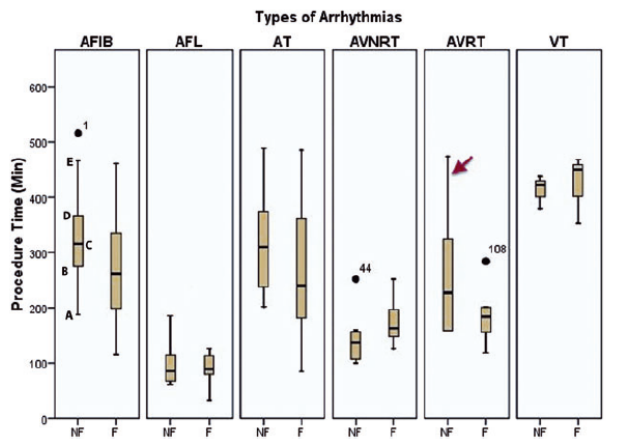
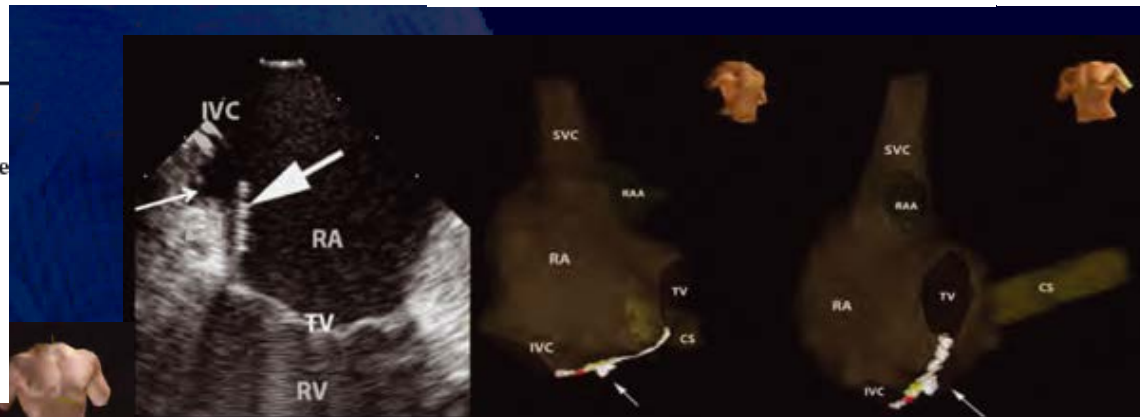
**ELECTROANATOMIC MAPPING SYSTEM
AND RADIOLOGICAL EXPOSURE REDUCTION**

Nonfluoroscopic Catheter Ablation of Cardiac Arrhythmias in Adults: Feasibility, Safety, and Efficacy

MANSOUR RAZMINIA, M.D., F.A.C.C., MARIAN F. MANANKIL, M.D.,
 PAULA L.S. ERYAZICI, M.D., CARLOS ARRIETA-GARCIA, M.D.,
 THEODORE WANG, M.D., F.A.C.C., OLIVER J. D'SILVA, M.D., CHRISTIAN S. LOPEZ, M.D.,
 GEORGE J. CRYSTAL, Ph.D., F.A.H.A., SABA KHAN, M.D., MIHAELA M. STANCU, M.D.,
 MARIANNE TURNER, R.N., JOSEPH ANTHONY, R.N., TERRY A. ZHEUTLIN, M.D., F.A.C.C.,
 and RICHARD F. KEHOE, M.D., (*J Cardiovasc Electrophysiol*, Vol. pp. 1-9) 2012

TABLE 1
 Baseline Patient Characteristics

| Variables | Nonfluoroscopy Group n = 60 | Fluoroscopy Group n = 60 | P value |
|----------------------------|-----------------------------------|--------------------------------|------------|
| Type of arrhythmia [n (%)] | | | |
| Atrial fibrillation | 22 (37) | 22 (37) | |
| Atrial flutter | 10 (17) | 10 (17) | |
| Atrial tachycardia | 9 (15) | 9 (15) | |
| AVNRT [§] | 10 (17) | 10 (17) | |
| AVRT | 6 (10) | 6 (10) | |
| Ventricular tachycardia | 3 (5) | 3 (5) | |



Catheter ablation of atrial fibrillation without the use of fluoroscopy

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From the ^{*}Cardiac Arrhythmia Service, Mount Sinai School of Medicine, New York, New York; [†]Homolka Hospital, Prague, Czech Republic; [‡]University of Kentucky, Lexington, Kentucky; and [§]St. Jude Medical Inc., Minneapolis, Minnesota.

(Heart Rhythm 2010;7:1644–1653)

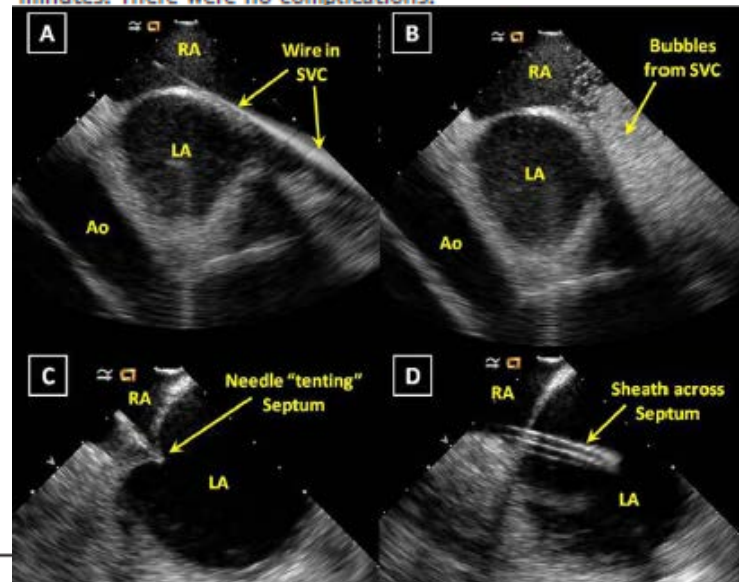
BACKGROUND In performing catheter ablation of paroxysmal atrial fibrillation (PAF), the advent of electroanatomical mapping (EAM) has significantly reduced fluoroscopy time. Recent advances in the ability of EAM systems to simultaneously visualize multiple catheters have allowed some operators to perform certain procedures, such as catheter ablation of supraventricular tachycardias, with zero fluoroscopy use.

OBJECTIVE The purpose of this study was to evaluate the feasibility and safety of pulmonary vein (PV) isolation with zero fluoroscopy use, using a combination of three-dimensional EAM and intracardiac echocardiography (ICE).

METHODS Using the NavX EAM system, the right atrial (RA) and coronary sinus (CS) geometries were created without fluoroscopy. Fluorless transseptal puncture was performed under ICE guidance. Using a deflectable sheath and a multipolar catheter, the left atrial (LA) and PV anatomies were rendered and, in select cases, integrated with a three-dimensional computed tomography (CT) image. Irrigated radiofrequency ablation was performed to encircle each pair of ipsilateral PVs.

RESULTS This series included 20 consecutive PAF patients. RA/CS mapping required 5.5 ± 2.6 minutes. In all patients, single ($n =$

18) or dual ($n = 2$) transseptal access was successfully achieved. The LA-PV anatomy was rendered using either a circular (14 patients) or penta-array (six patients) catheter in 22 ± 10 minutes; CT image integration was used in 11 patients. Using 49 ± 18 ablation lesions/patient, electrical isolation was achieved in 38/39 ipsilateral PV isolating lesion sets (97%). The procedure time was 244 ± 75 minutes. There were no complications.



Catheter Ablation of Atrial Fibrillation Without Fluoroscopy Using Intracardiac Echocardiography and Electroanatomic Mapping

John D. Ferguson, MBChB, MD; Adam Helms, MD; J. Michael Mangrum, MD; Srijoy Mahapatra, MD; Pamela Mason, MD; Ken Bilchick, MD; George McDaniel, MD; David Wiggins, BS; John P. DiMarco, MD, PhD

(*Circ Arrhythm Electrophysiol.* 2009;2:611-619.)

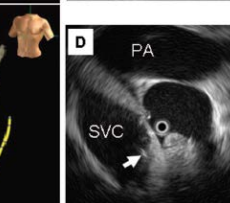
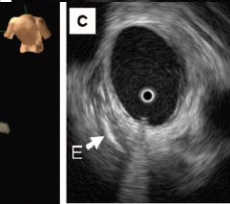
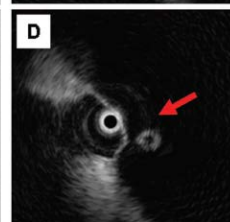
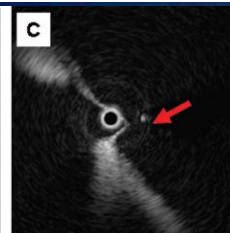
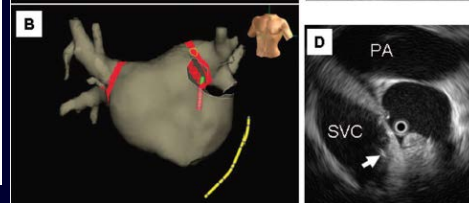
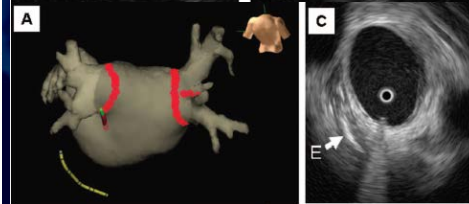
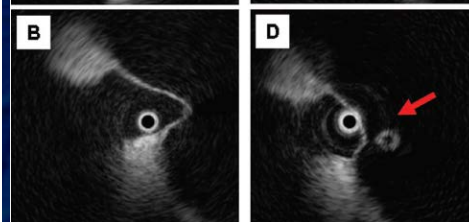
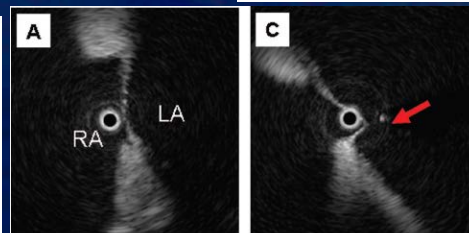
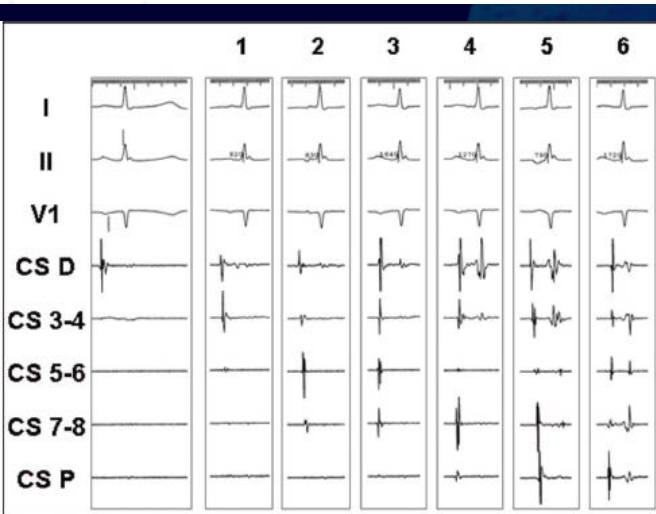


Table. Acute Procedural Outcomes of AF Ablation Without Fluoroscopy

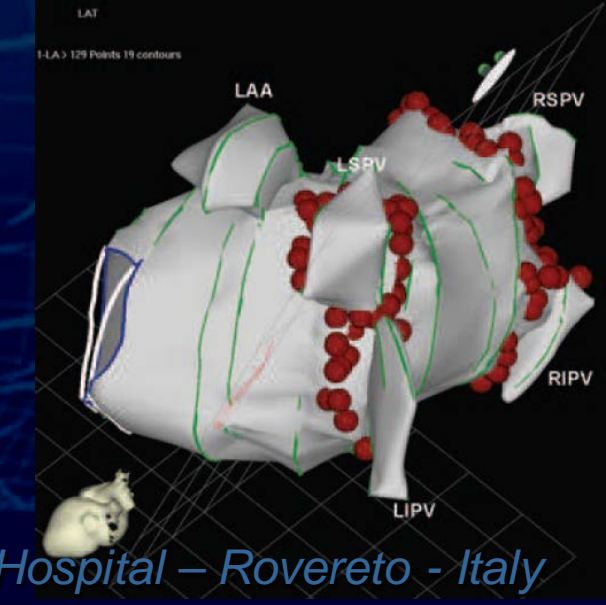
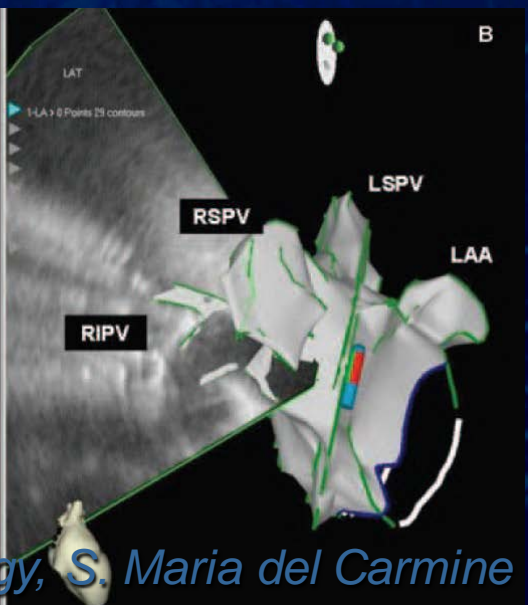
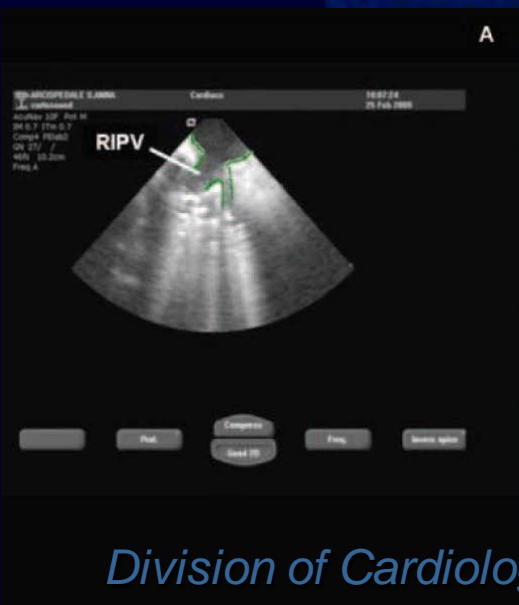
| | |
|--|---------------|
| Patients with no fluoroscopy | 19/21 (90) |
| Procedure time, min | 208 (188–221) |
| Coronary sinus cannulation time, min | 5 (2–26) |
| Double transeptal time, min | 26 (17–40) |
| Left atrial catheter manipulation time, min | 103 (90–127) |
| Right atrial catheter manipulation time, min | 16 (12–22) |
| Electrophysiology study time, min | 14 (8–23) |
| Successful pulmonary vein isolation | 76/76 (100) |
| Patients with additional ablation | |
| Left atrial roof | 7 (33) |
| Mitral isthmus | 4 (19) |
| Cavotricuspid isthmus | 8 (38) |
| Coronary sinus | 3 (14) |
| Complications | 0 |

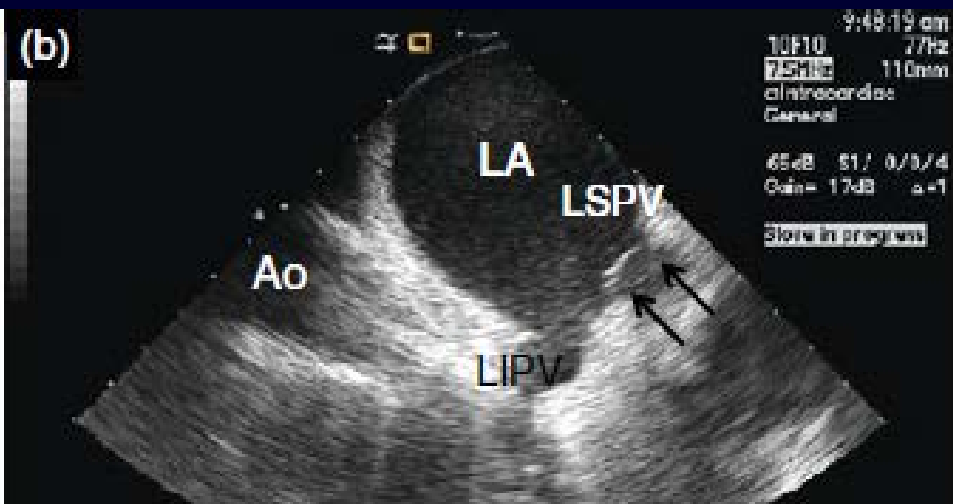
Data are presented as n/N (%) or median (range).

Different Image Integration Modalities to Guide AF Ablation: Impact on Procedural and Fluoroscopy Times

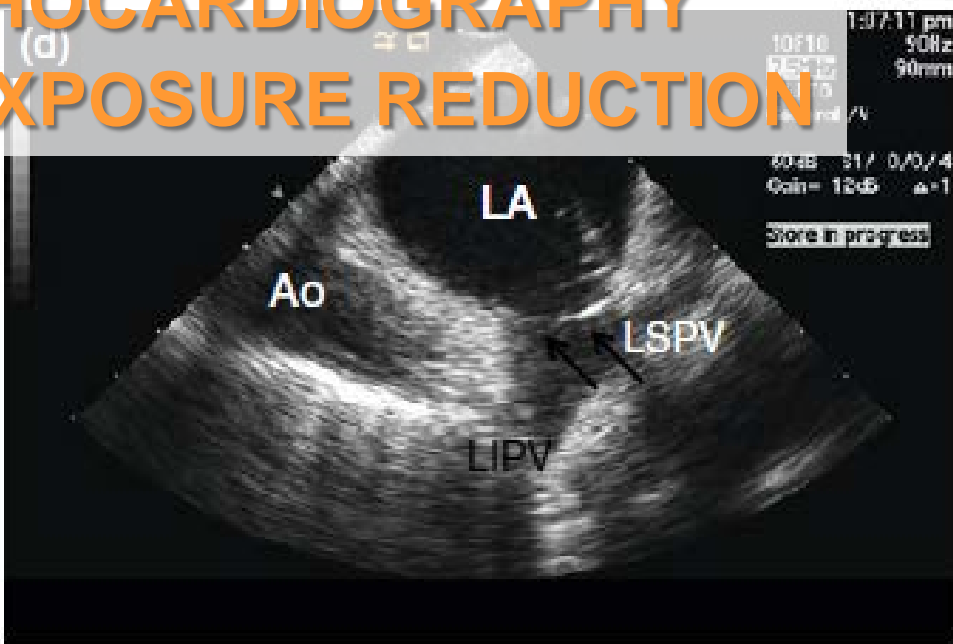
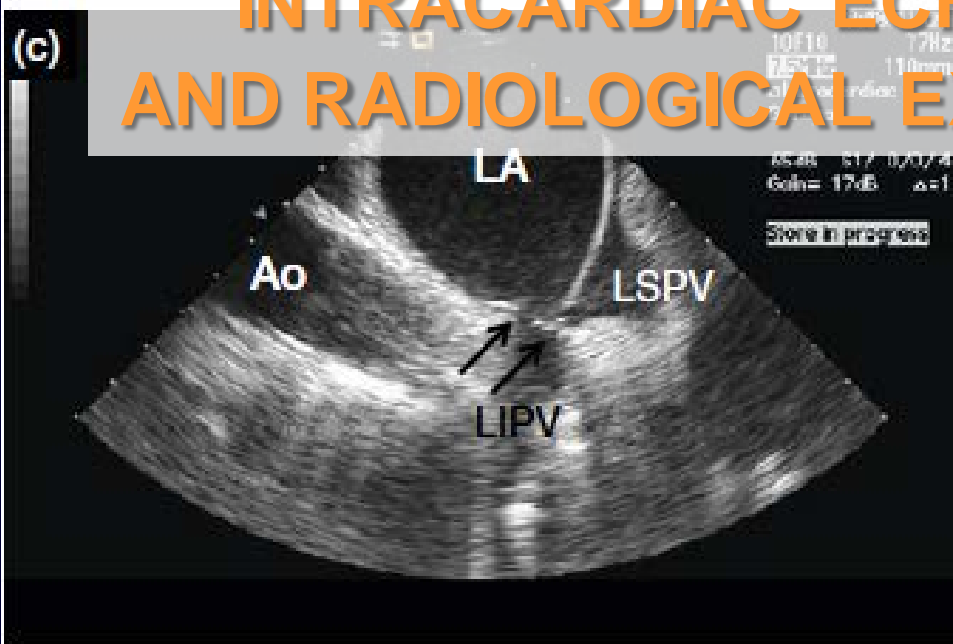
CLAUDIO PRATOLA, M.D.,* ELISA BALDO, M.D.,† PAOLO ARTALE, M.D.,* LINA MARCANTONI, M.D.,* TIZIANO TOSELLI, M.D.,* GIANFRANCQ PERCOCO, M.D.,† BIAGIO SASSONE, M.D.,§ and ROBERTO FERRARI, M.D., PH.D.* (*PACE 2011; 34:422-430*)

| | Group 1 (MRI Integration) | Group 2 (ICE Integration) | Group 3 (MRI and ICE Integration) | Kruskal-Wallis Test Mann-Whitney Test with Bonferroni Correction P = ns |
|---------------------------------|------------------------------|------------------------------|--------------------------------------|---|
| Total procedural time, minutes | 124.7 ± 47.0 (71-214) | 112.5 ± 30.4 (76-182) | 108.6 ± 34.7 (74-198) | |
| Total fluoroscopy time, minutes | 23.8 ± 6.9 (14-37) | 11.0 ± 2.3 (8-15) | 13.9 ± 4.2 (8-23) | P < 0.0005 Gr 1 vs Gr 2 P < 0.005 Gr 1 vs Gr 3 P < 0.005 Gr 2 vs Gr 3 P = 0.06 |





**WORKS WITH
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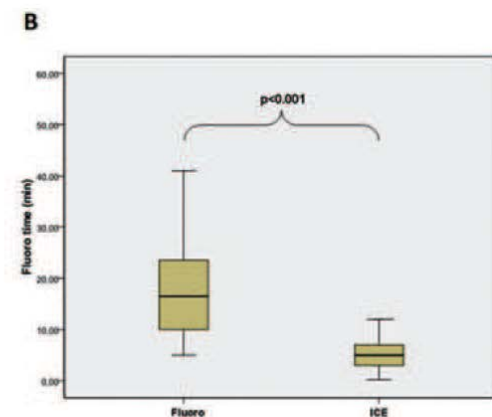
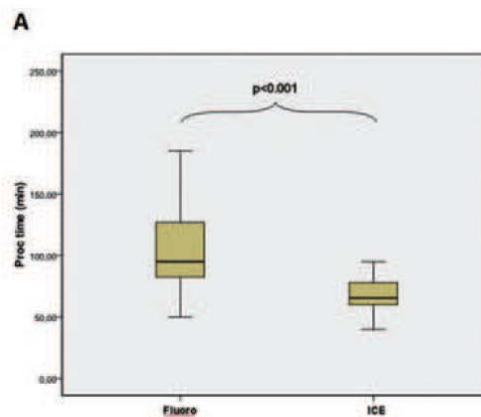
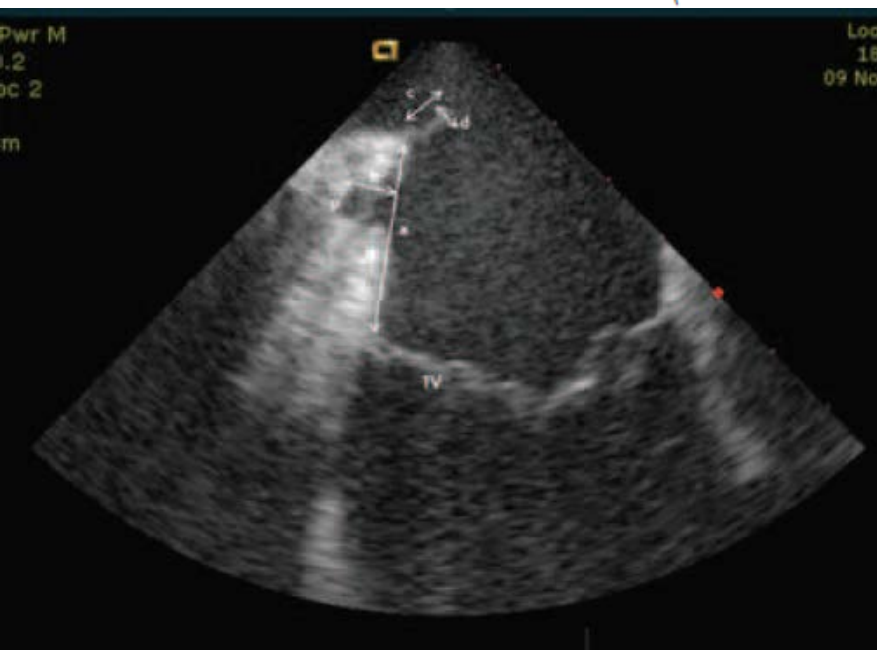


Randomized Trial of Intracardiac Echocardiography During Cavotricuspid Isthmus Ablation

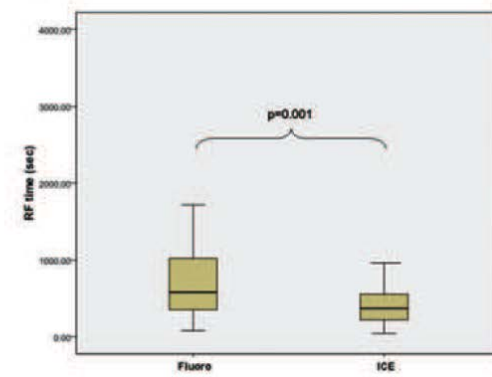
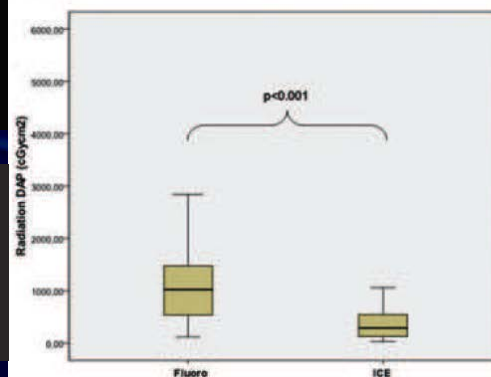
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GERGELY KLAUSZ, M.D., PH.D., SZÁMI CHADAIDE, M.D., VASSIL TRAYKOV, M.D.,
TAMÁS FORSTER, M.D., PH.D., DSC., and LÁSZLÓ SÁGHY, M.D.

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(*J Cardiovasc Electrophysiol*, Vol. 23, pp. 996-1000, September 2012)



C prospective, randomized study 102 patients

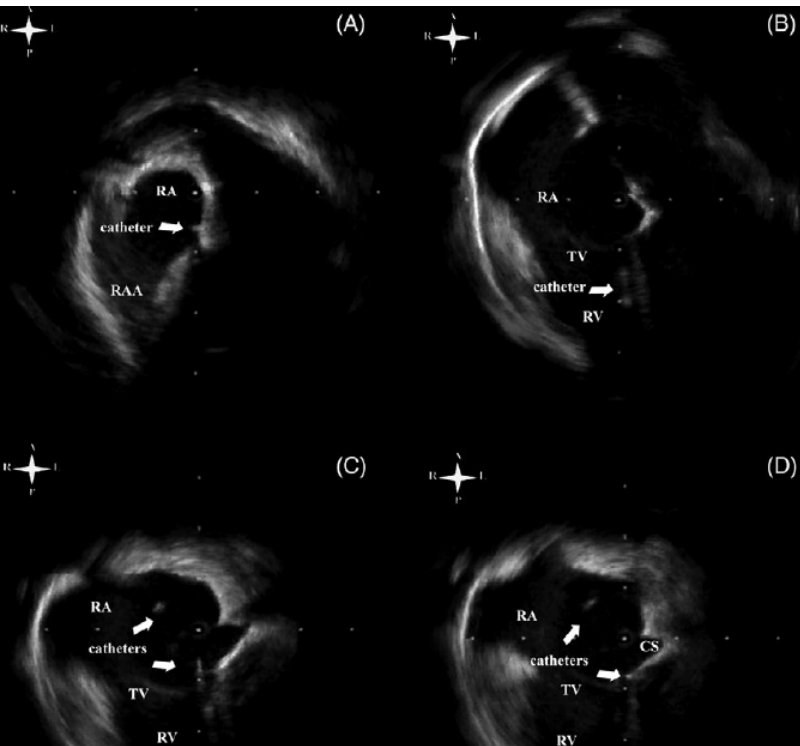


Radiofrequency catheter ablation of atrioventricular nodal reciprocating tachycardia using intracardiac echocardiography in pregnancy

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online publish-ahead-of-print 6 May 2008



Phased-Array Intracardiac Echocardiography Monitoring During Pulmonary Vein Isolation in Patients With Atrial Fibrillation

Impact on Outcome and Complications

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TABLE 2. Pulmonary Vein Isolation and Follow-Up Results

Circulation. 2003;107:2710-2716

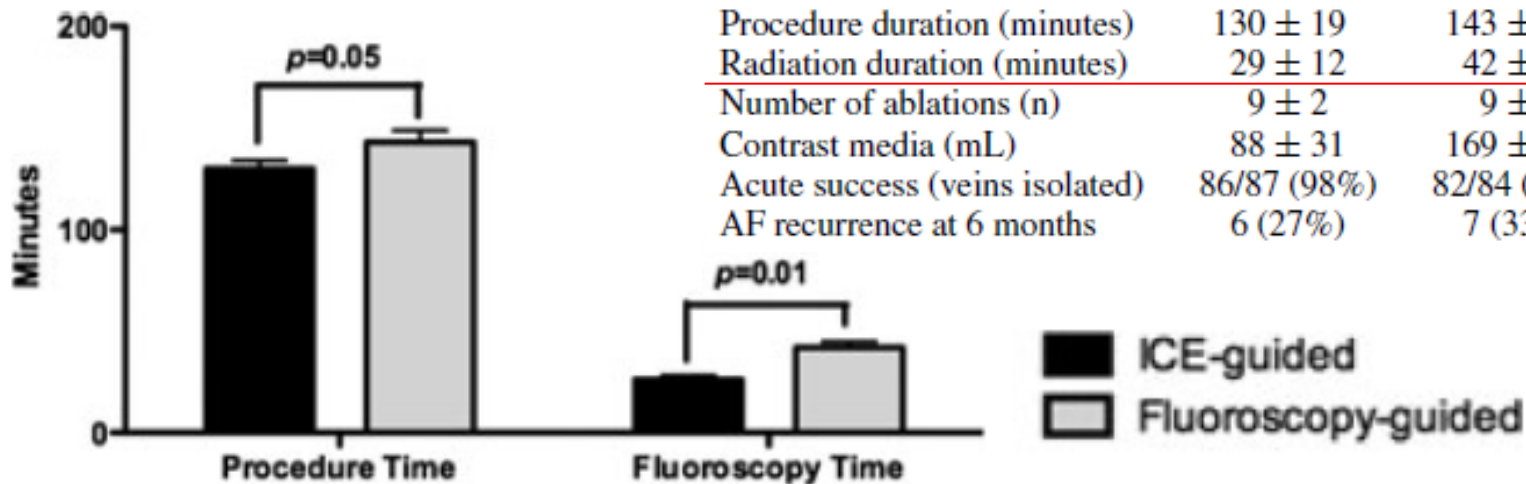
| | No ICE, Group 1 (n=56) | ICE Without Bubbles, Group 2 (n=107) | ICE With Bubbles, Group 3 (n=152) | |
|---------------------------------------|------------------------------|--|---|------------------------------------|
| No. isolated PVs, RUPV/RLPV/LUPV/LLPV | 56/50/56/49 | 107/97/107/94 | 152/142/152/140 | |
| AAD | 3±0.7 | 3.6±1.1 | 2.6±1.3 | |
| Fluoroscopy time, min | 81±29 | 60±20* | 59±21* | *P<0.05 vs group 1 applying ANOVA; |
| Procedure time, min | 250±66 | 190±48* | 185±65* | |
| Mean No. RF lesions/PV (min) | 14±2 (10.5±4) | 10±3 (7.5±2.2) | 8.5±2 (6.2±1.5)* | |
| Follow-up, days | 639±79 | 437±46 | 288±67 | |
| Recurrence of AF | 19.6% (11 of 56) | 16.8% (18 of 107) | 9.8% (15 of 152)† | †P=0.009 vs group 1 |
| Moderate PV stenosis/PV | 5% (11 of 211) | 4.5% (18 of 405) | 2.5% (12 of 586) | |
| Moderate PV stenosis/patient | 9% (5 of 56) | 6.5% (7 of 107) | 4% (5 of 152)‡ | ‡P<0.05 vs group 1 |

Conclusions—Intracardiac echocardiography improves the outcome of cooled-tip PVI. Power adjustment guided by direct visualization of microbubble formation reduces the risk of PV stenosis and improves long-term cure. (*Circulation.* 2003;107:2710-2716.)

Intracardiac Echocardiography Improves Procedural Efficiency During Cryoballoon Ablation for Atrial Fibrillation: A Pilot Study

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 HARALD MARSCHANG, M.D.,* GUIDO RITSCHER, M.D.,* OLIVER TURSCHNER, M.D.,*
 JOHANNES BRACHMANN, M.D., Ph.D.,* and HARALD RITTGER, M.D.*

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| Characteristic | Group 1 (ICE) (n = 22) | Group 2 (no ICE) (n = 21) | P-value |
|--------------------------------|------------------------------|---------------------------------|---------|
| Procedure duration (minutes) | 130 ± 19 | 143 ± 27 | 0.05 |
| Radiation duration (minutes) | 29 ± 12 | 42 ± 13 | 0.01 |
| Number of ablations (n) | 9 ± 2 | 9 ± 2 | ns |
| Contrast media (mL) | 88 ± 31 | 169 ± 38 | <0.001 |
| Acute success (veins isolated) | 86/87 (98%) | 82/84 (97%) | ns |
| AF recurrence at 6 months | 6 (27%) | 7 (33%) | ns |

Usefulness of Contrast Intracardiac Echocardiography in Performing Pulmonary Vein Balloon Occlusion during Cryo- ablation for Atrial Fibrillation

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¹Division of Cardiology, S Maria del Carmine Hospital, Rovereto (TN), Italy; ²Department of Radiology, S Chiara Hospital, Trento, Italy

| | All (n=30) | Group 1 (n=15) | Group 2 (n=15) | P |
|----------------------------|------------|-------------------|-------------------|---------|
| Procedure time (minutes) | 138±20 | 152±19 | 127±16 | P<0.05 |
| Number of applications | 11.4±3.2 | 10.8±2.6 | 12.0±3.6 | P=n.s. |
| fluoroscopy time (minutes) | 34±8 | 43±9 | 30±12 | P<0.05 |
| use of contrast (ml) | 140±62 | 190±47 | 88±26 | P<0.001 |

Uses of ICE in the electrophysiology laboratory included:

1. the identification of atrial endocardial structures and the manipulation of mapping and ablation catheters in relation to these structures
2. the creation and quantification of focal and continuous radiofrequency ablation (RFA) lesions
3. guidance in the performance of atrial transseptal puncture
4. identification and prevention of procedural complications
5. ICE and Cryoballoon Pulmonary Vein Isolation

1. Identification of right atrial structures and manipulation of mapping and ablation (A FLA)

IMAGES IN ELECTROPHYSIOLOGY

doi:10.1093/europace/eup123
Online publish-ahead-of-print 15 May 2009

Intracardiac echocardiography for visualization of the Eustachian valve during radiofrequency ablation of typical atrial flutter

Gábor Bencsik*, Róbert Pap, and László Sághy

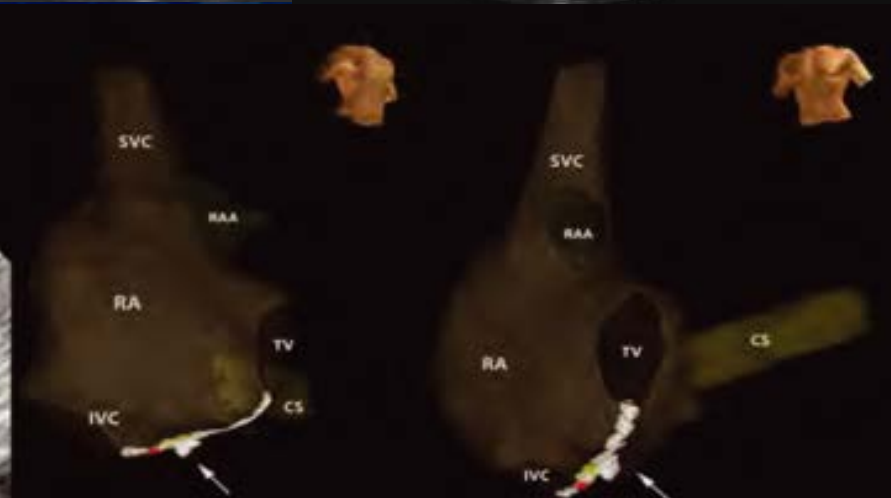
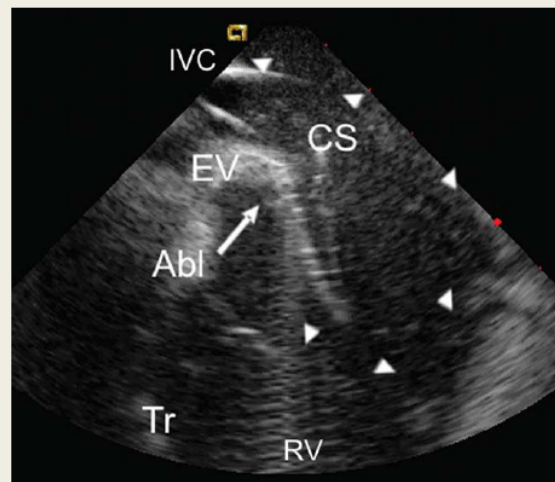
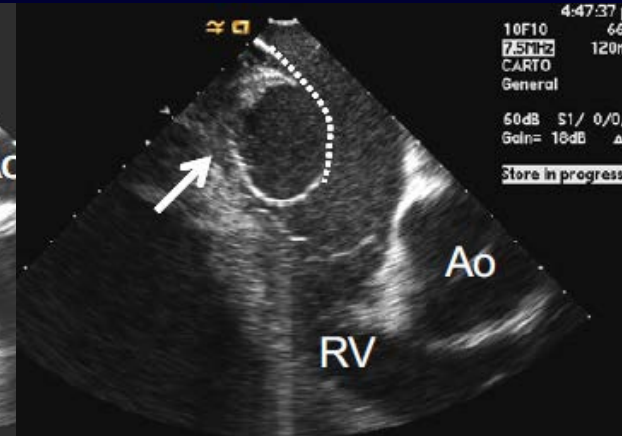
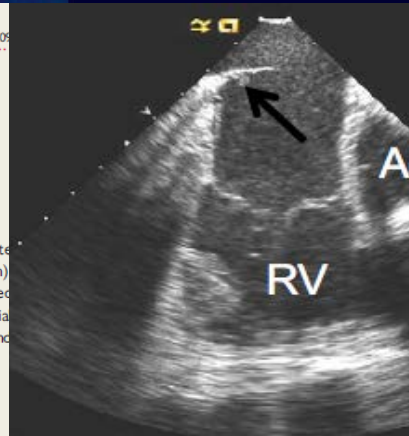
Second Department of Internal Medicine and Cardiology Centre, University of Szeged, 6726 Szeged, Korányi fasor 6, Hungary

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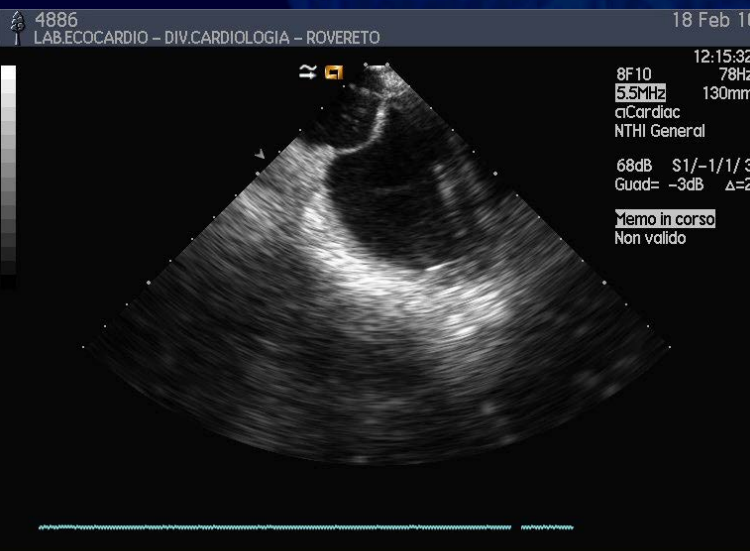
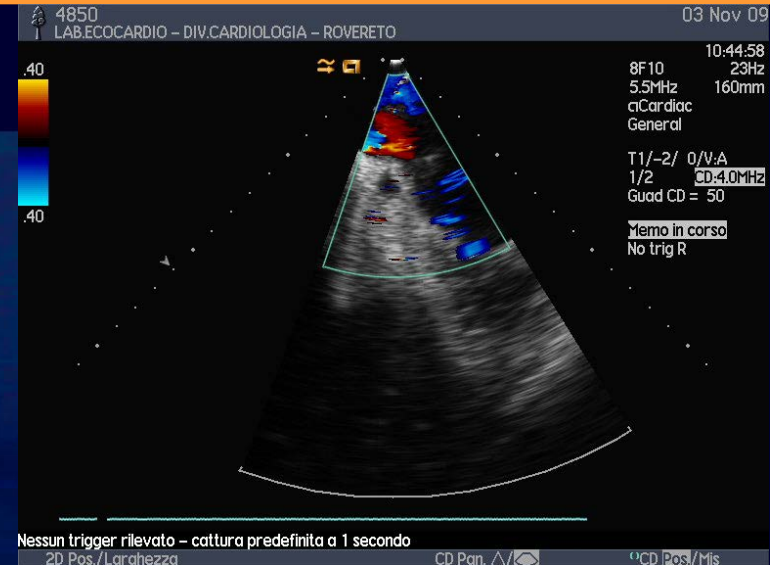
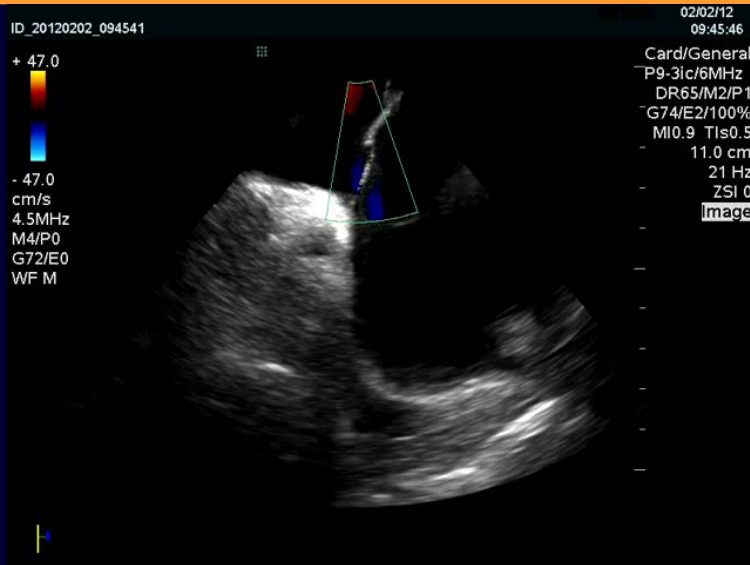
We performed a conventional, fluoroscopy-guided ablation of ongoing typical atrial flutter at the preferred isthmus site. Despite 150 min of procedure time (using a 4 mm, irrigated tip catheter with settings of 43°C, 40 W and irrigation rate of 40 mL/min) block on the isthmus was not achieved. No atrial signals were left on the line of ablation. Through the left femoral vein, we introduced an intracardiac echocardiography probe and found a highly prominent Eustachian valve (EV; see Figure 1 and Supplementary material online, Movie S1) with high-voltage atrial potential at the edge of the EV. After ablation at this point, the flutter was terminated and bidirectional block was confirmed.

Supplementary material

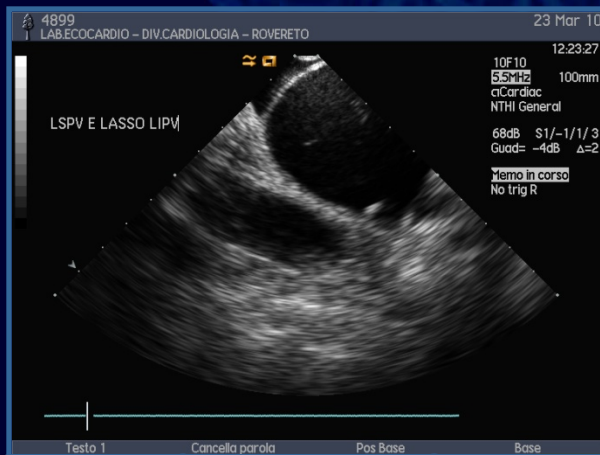
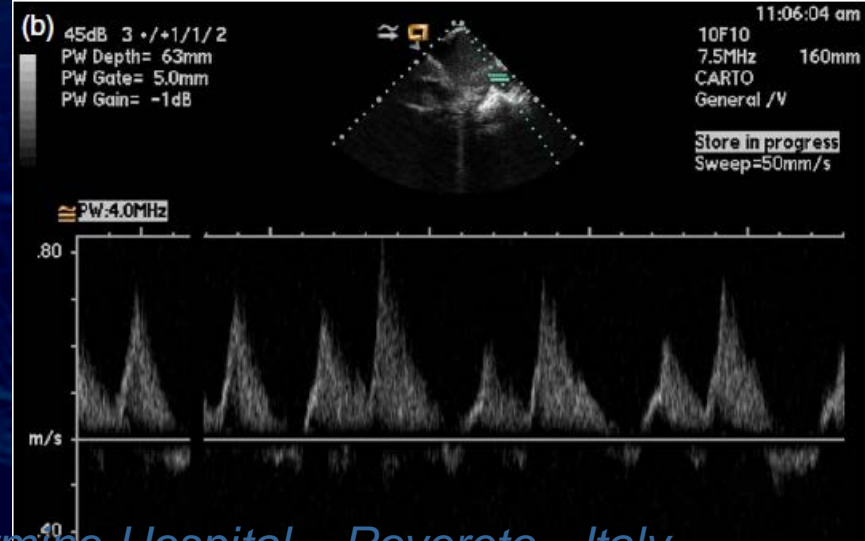
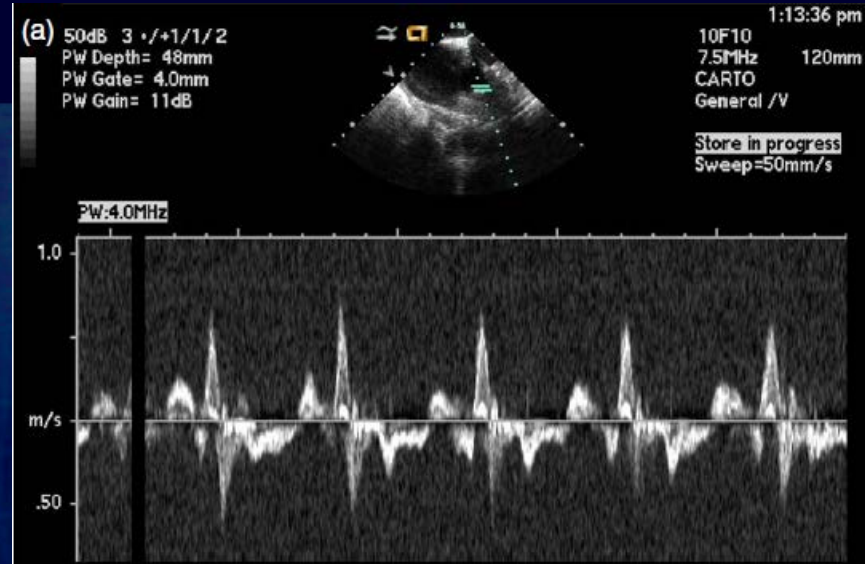
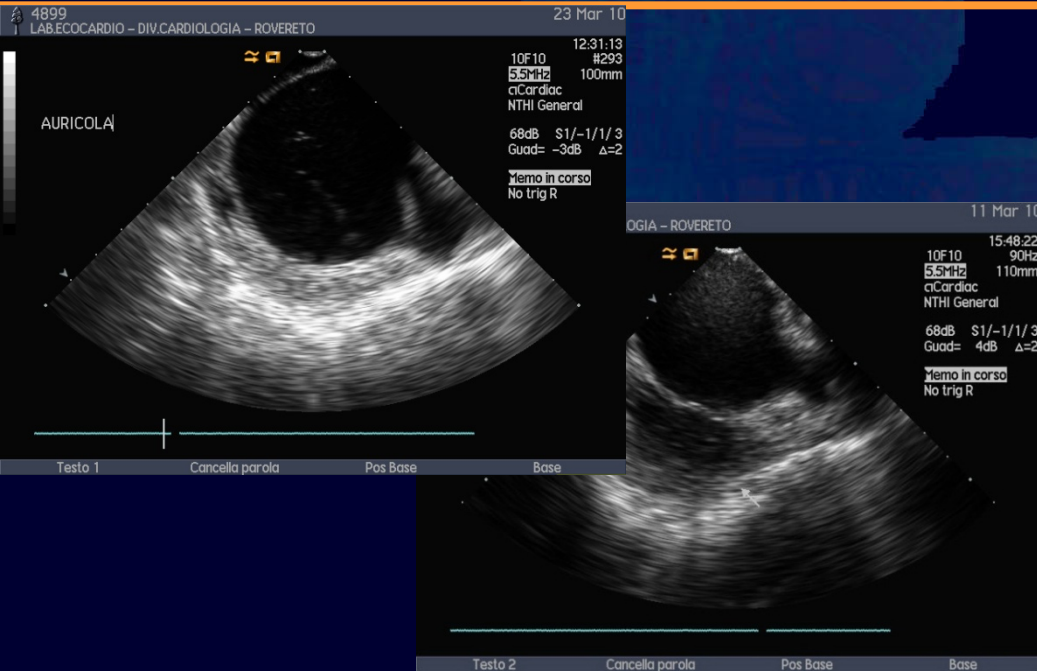
Supplementary material is available at *Europace* online.



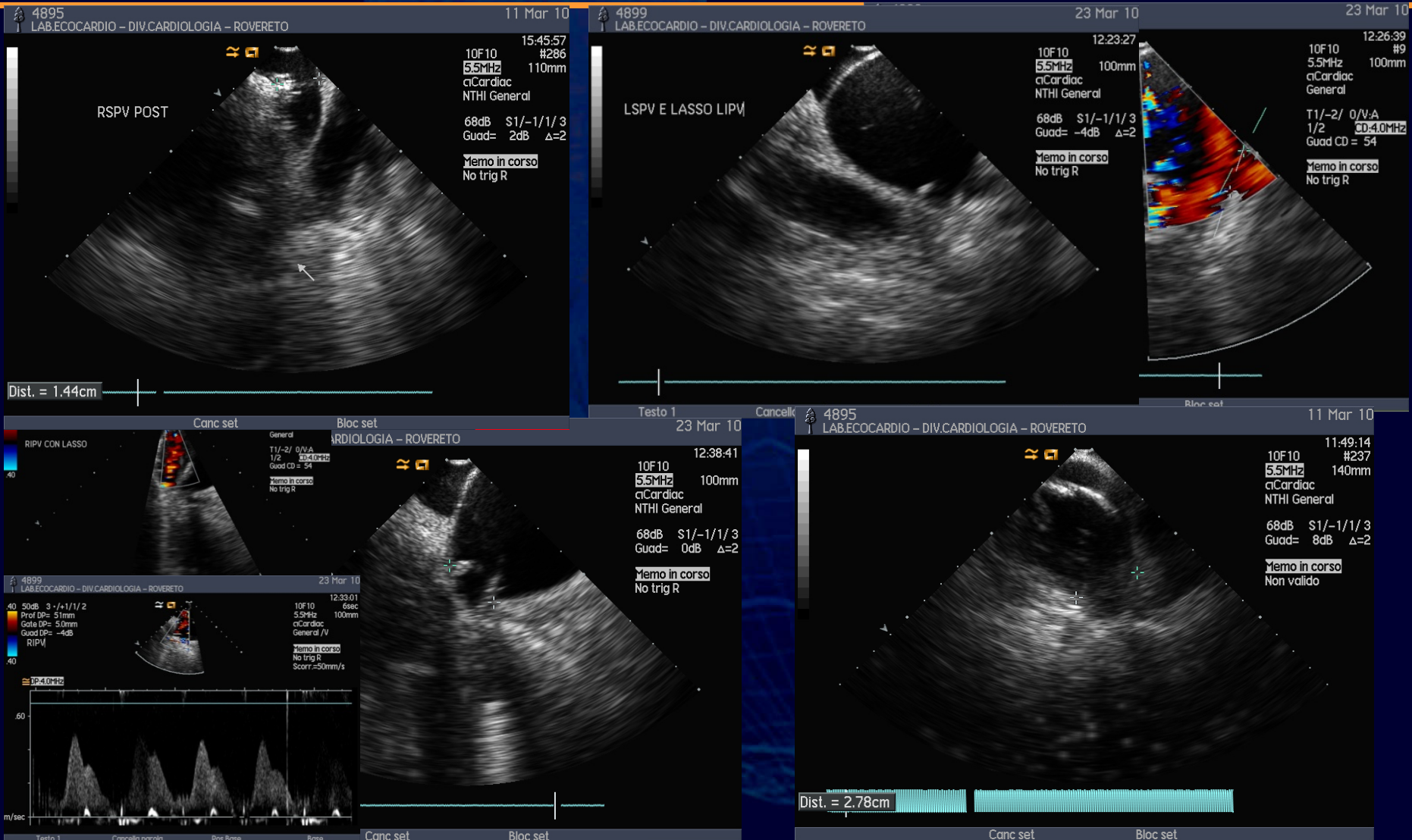
1. Identification of atrial structures and manipulation of mapping and ablation



1. Identification of atrial structures and manipulation of mapping and ablation



1. Identification of atrial structures and manipulation of mapping and ablation



Usefulness of Contrast Intracardiac Echocardiography in Performing Pulmonary Vein Balloon Occlusion during Cryo-ablation for Atrial Fibrillation

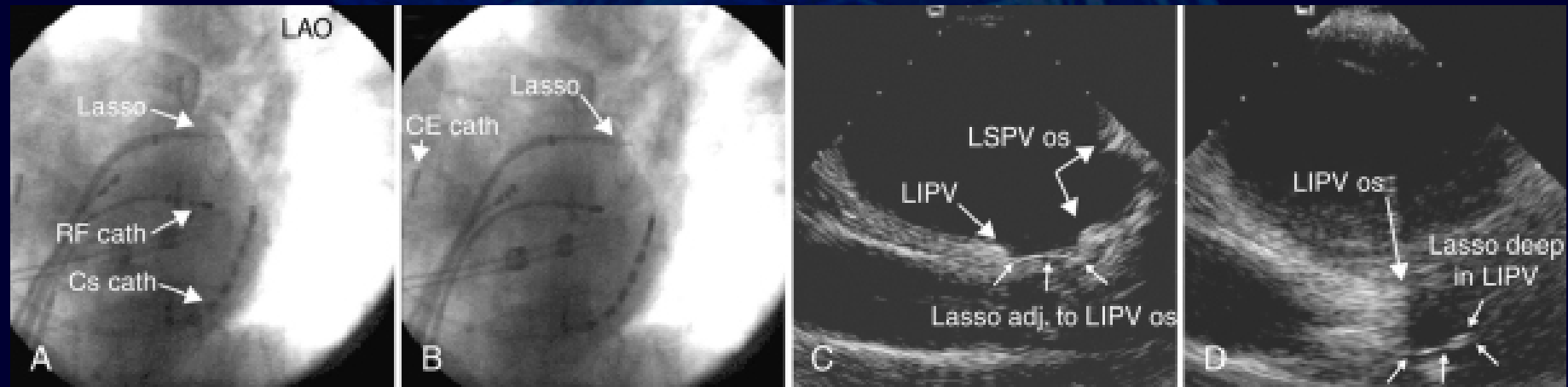
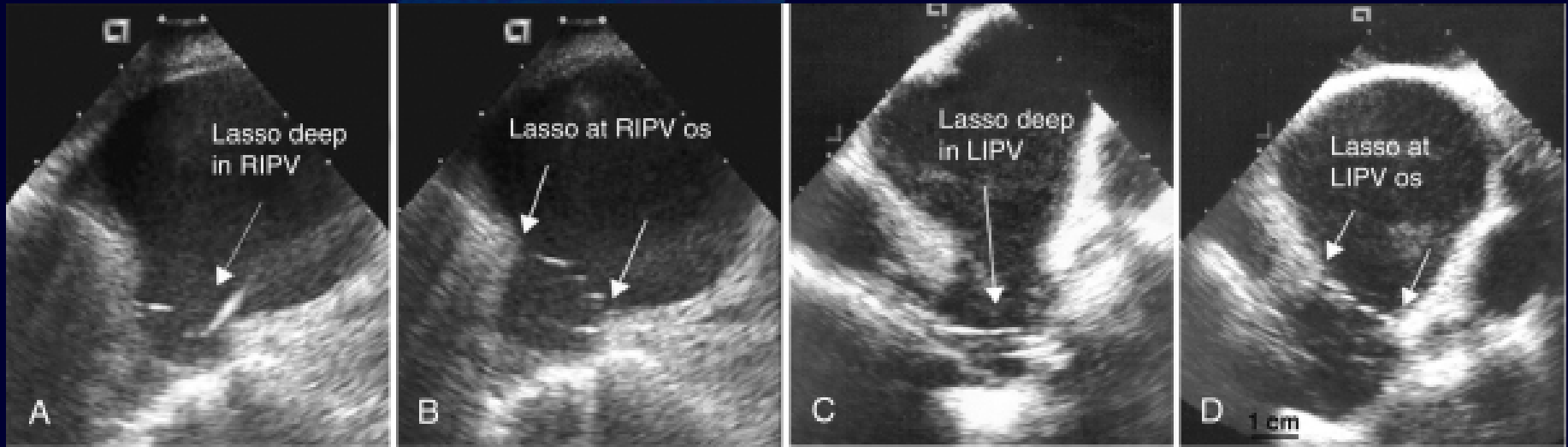
Domenico Catanzariti, MD¹, Massimiliano Maines, MD¹, Carlo Angheben, MD¹, Maurizio Centonze, MD², Claudio Cemin, MD¹, Giuseppe Vergara, MD¹

¹Division of Cardiology, S Maria del Carmine Hospital, Rovereto (TN), Italy; ²Department of Radiology, S Chiara Hospital, Trento, Italy

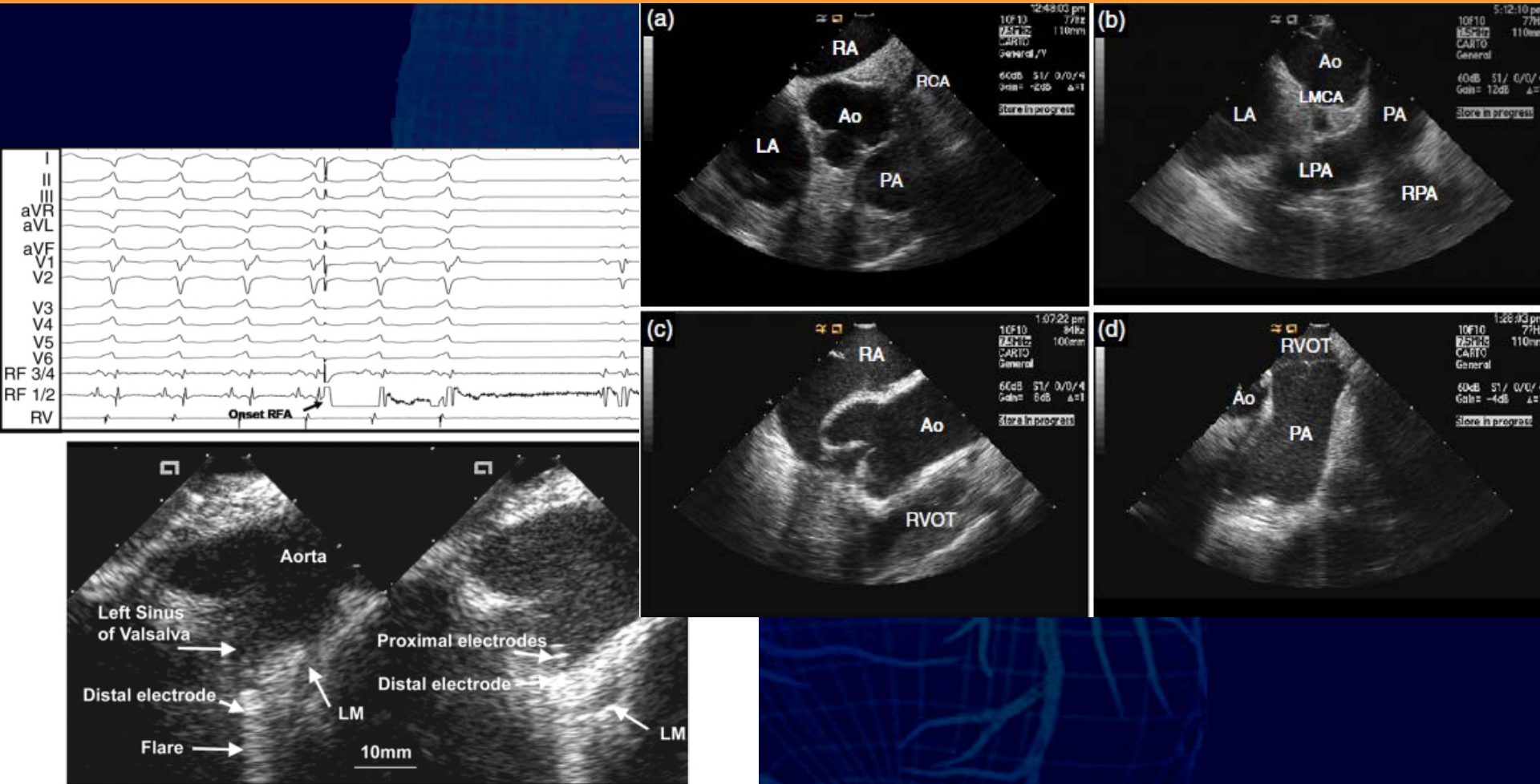
| | Ø PVs MRI (mm) | Ø PVs ICE (mm) |
|-------------------|----------------|----------------|
| left common trunk | 25.7±5.2 | 23.6±1.9* |
| Left Superior PV | 19.3±3.8 | 18.9±3.4* |
| Left Inferior PV | 17.1±3.5 | 17.3±3.1* |
| Right Superior PV | 20.4±2.3 | 19.3±3.1* |
| Right Inferior PV | 17.3±2.4 | 16.8±2.4* |
| Right Middle PV | 10 | - |

PV: pulmonary vein. ICE: intracardiac echocardiography . MRI: magnetic resonance imaging.
Values are mean ± standard deviation. *P = n.s.

1. Identification of atrial structures and manipulation of mapping and ablation (A Fib)



1. Identification of atrial structures and manipulation of mapping and ablation (VT)



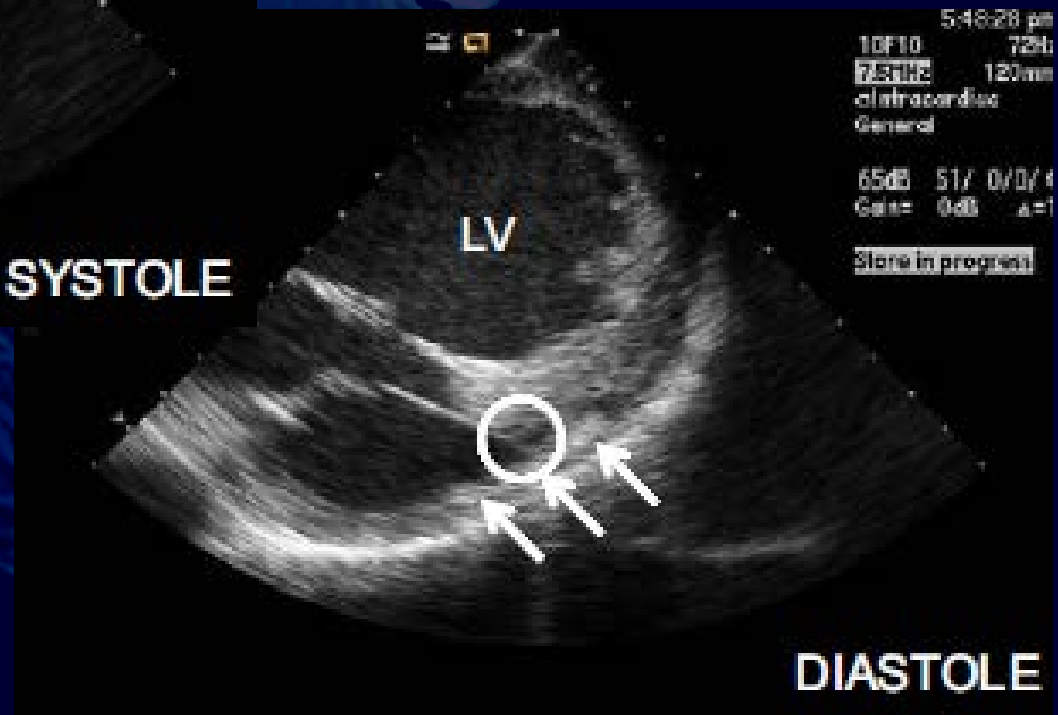
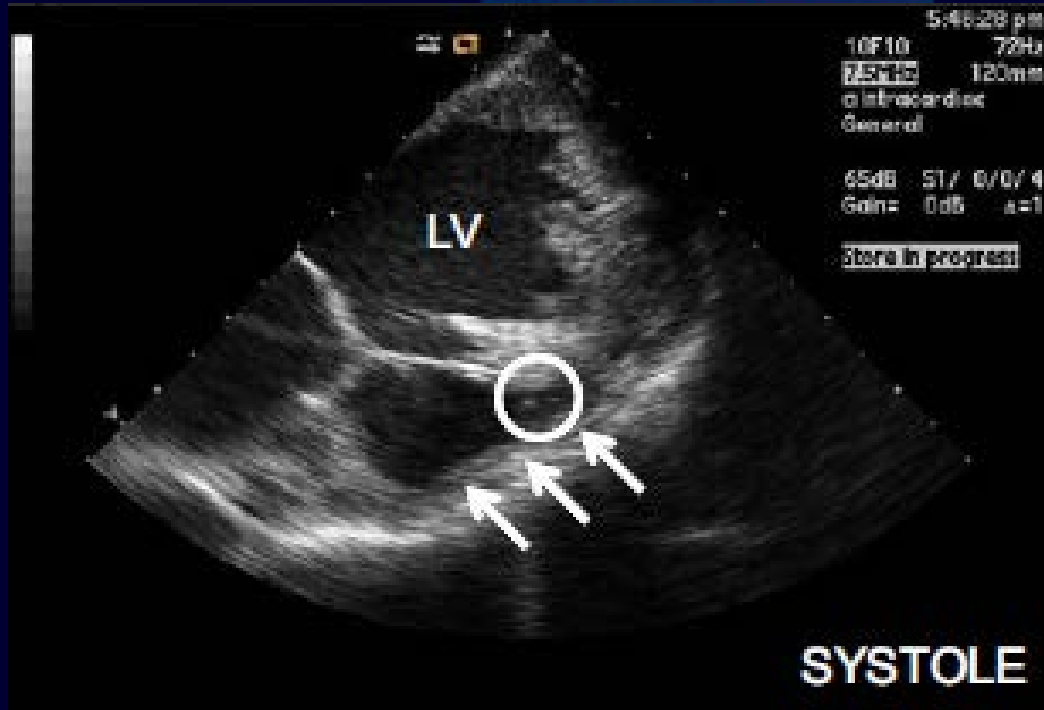
1. Identification of atrial structures and manipulation of mapping and ablation (VT)



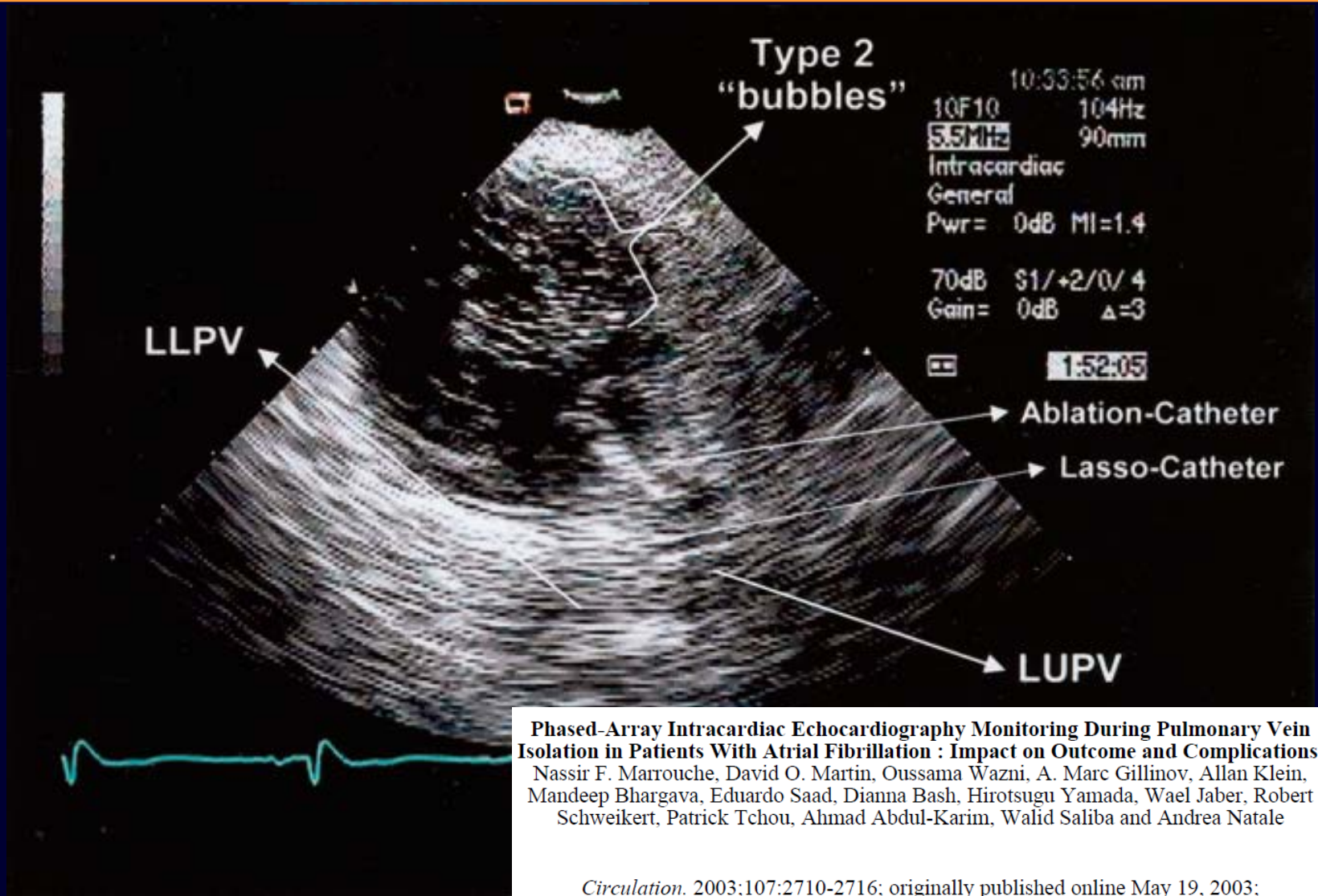
1. Identification of atrial structures and manipulation of mapping and ablation



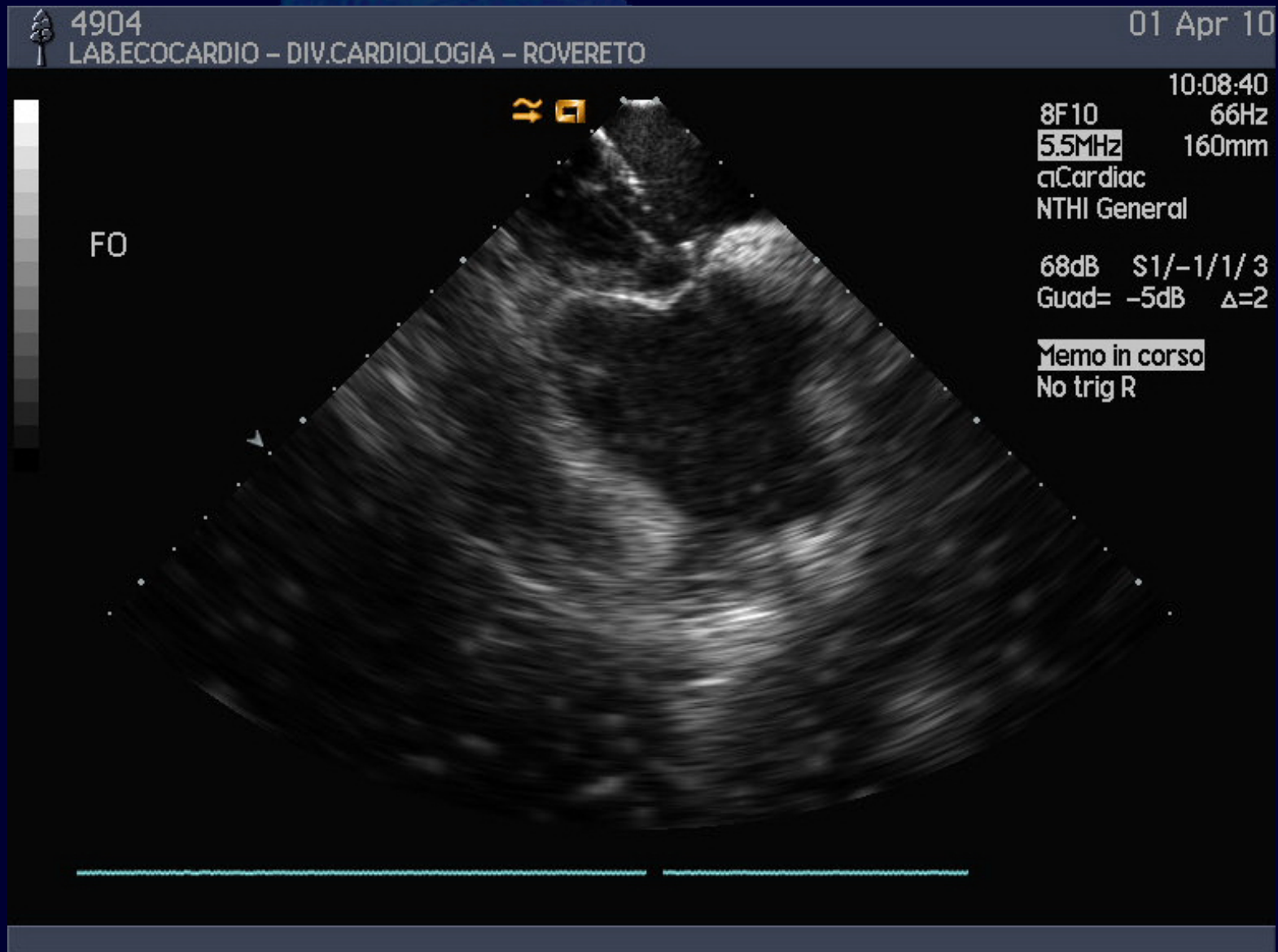
1. Identification of atrial structures and manipulation of mapping and ablation



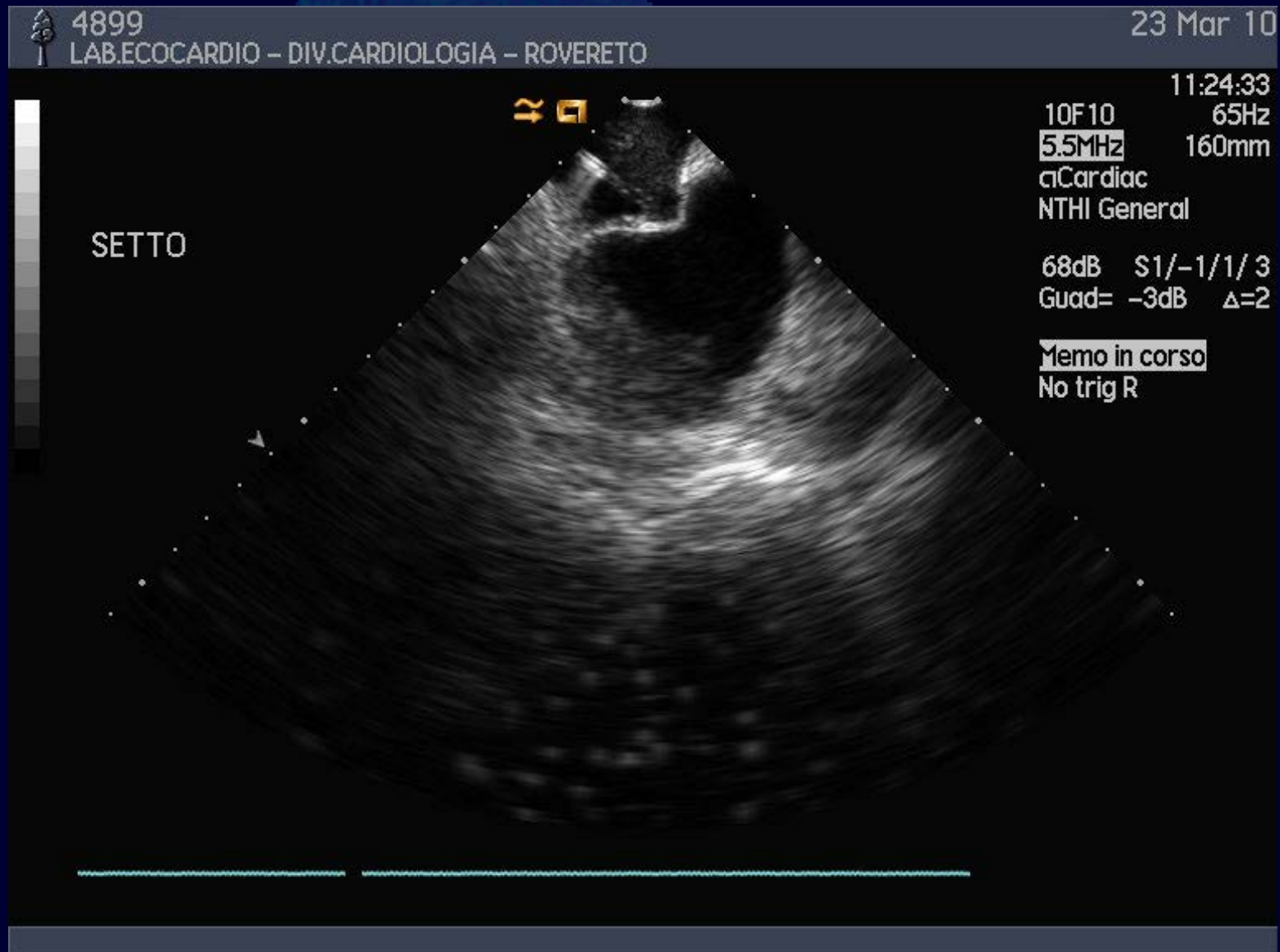
2. Creation and quantification of focal and continuous radiofrequency ablation lesions



3. Transseptal puncture



Transseptal puncture

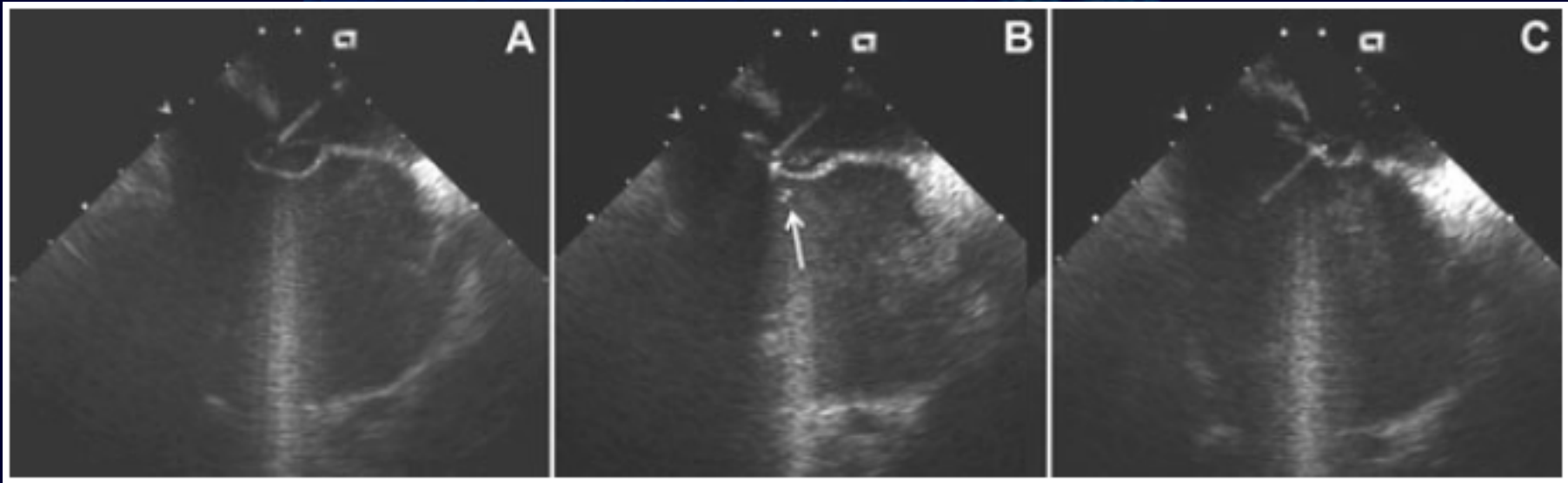


Troubleshooting Difficult Transseptal Catheterization

RAYMOND W. SY, M.B.B.S., GEORGE J. KLEIN, M.D., PETER LEONG-SIT, M.D.,
LORNE J. GULA, M.D., RAYMOND YEE, M.D., ANDREW D. KRAHN, M.D.,
and ALLAN C. SKANES, M.D.

From the Arrhythmia Service, University of Western Ontario, London, Ontario, Canada

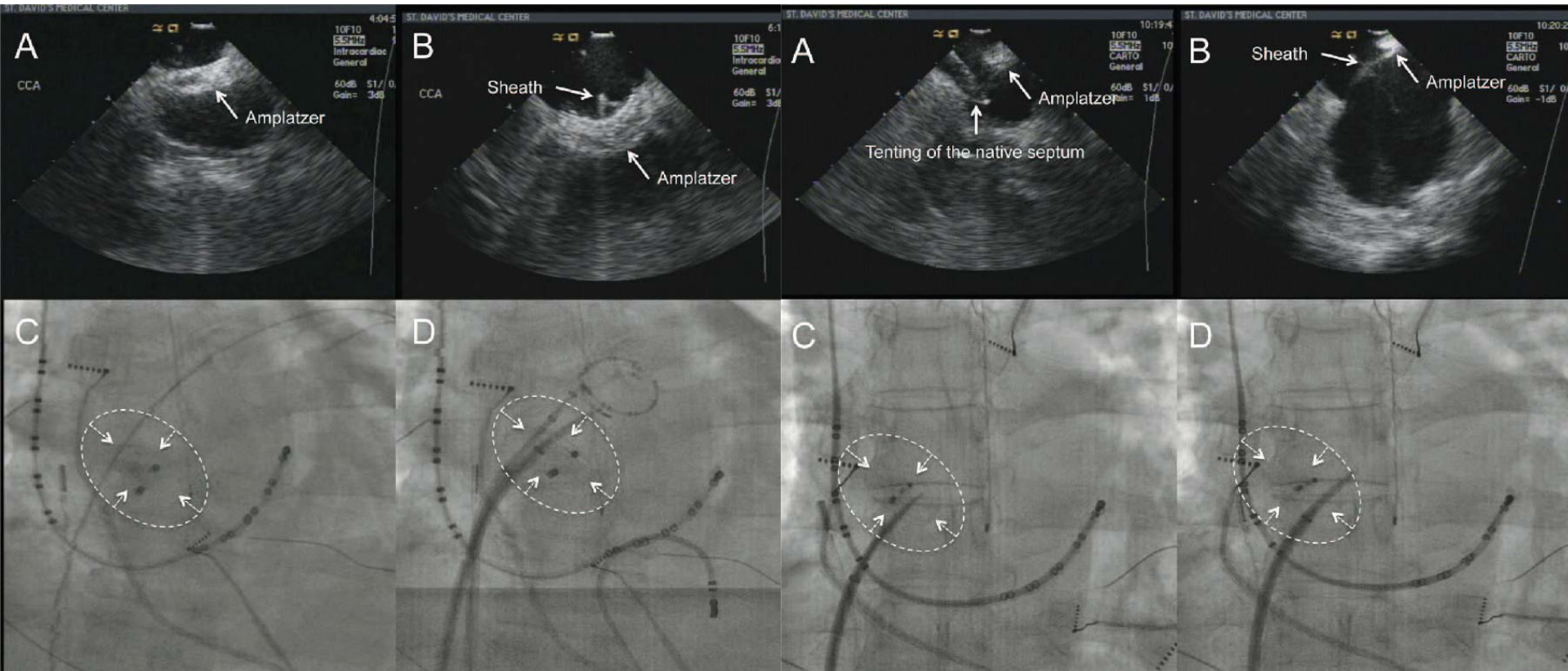
Troubleshooting Difficult Transseptal Catheterization. Transseptal catheterization is an essential aspect of many electrophysiology studies. Difficulties may present at various stages of the procedure, especially with unique challenges posed by repeated catheterizations. More recently, technologies such as intracardiac echocardiography and radiofrequency have been employed to assist with transseptal catheterization. Integration of these tools into an organized approach for troubleshooting the difficult transseptal puncture is likely to improve procedural success and reduce the risk of serious complications such as cardiac tamponade. (*J Cardiovasc Electrophysiol*, Vol. 22, pp. 723-727, June 2011)



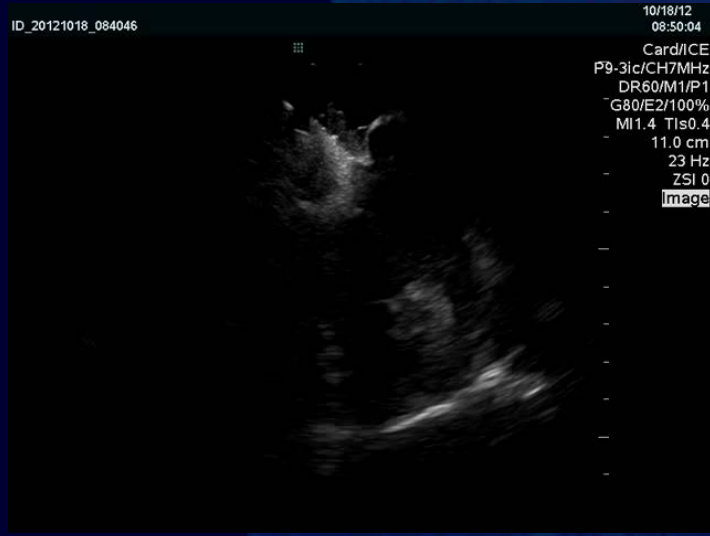
Transseptal access and atrial fibrillation ablation guided by intracardiac echocardiography in patients with atrial septal closure devices

(Heart Rhythm 2011;8:1669–1675)

Pasquale Santangeli, MD,* Luigi Di Biase, MD, PhD, FHRS,*^{†¶} J. David Burkhardt, MD, FACC,* Rodney Horton, MD,* Javier Sanchez, MD,* Shane Bailey, MD,* Jason D. Zagrodzky, MD,* Dhanunjaya Lakkireddy, MD,[§] Rong Bai, MD, FHRS,* Prasant Mohanty, MD,* Salwa Beheiry, RN,[†] Richard Hongo, MD,[†] Andrea Natale, MD, FACC, FHRS*^{†¶}



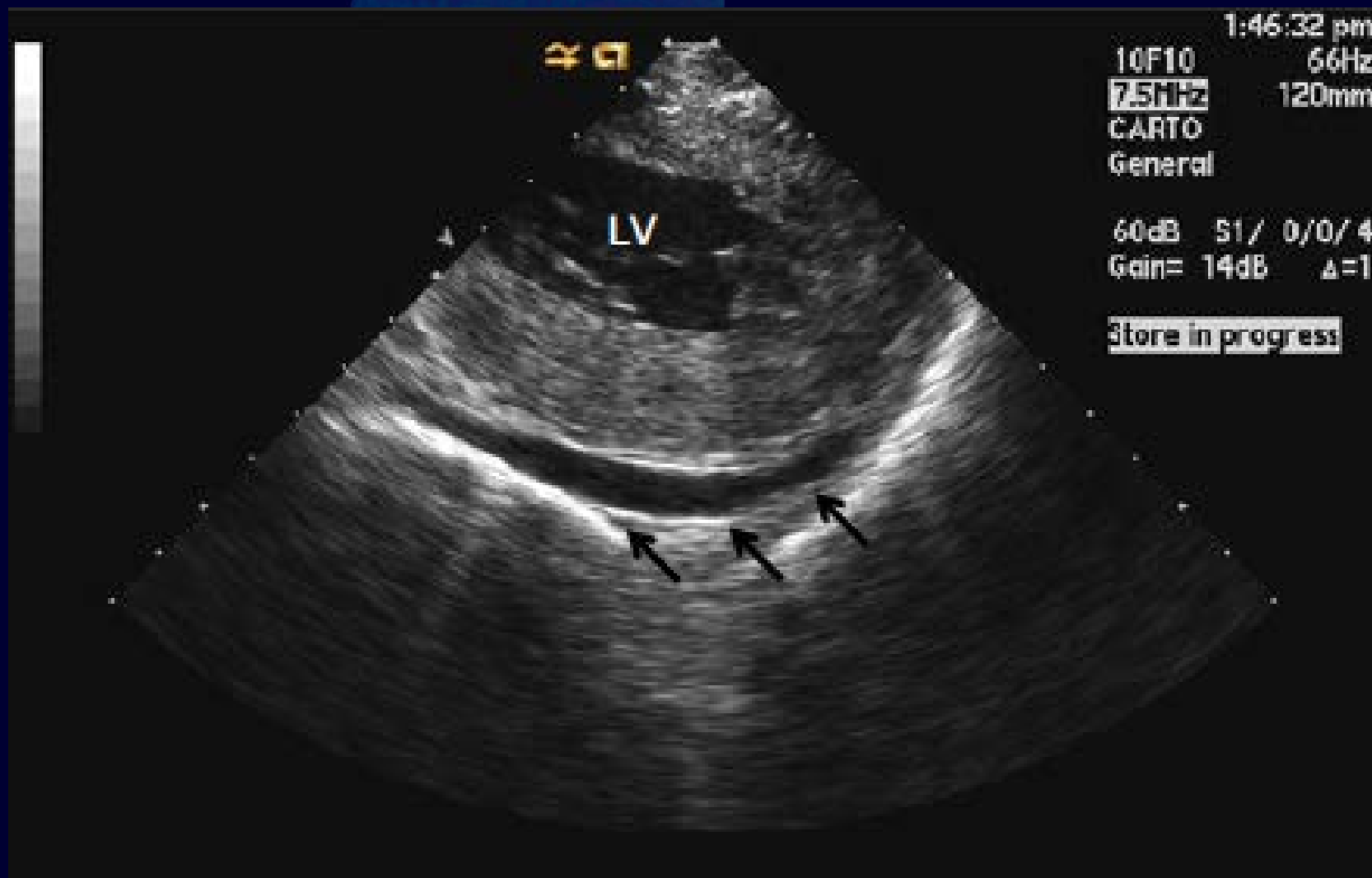
3. Double transseptal puncture



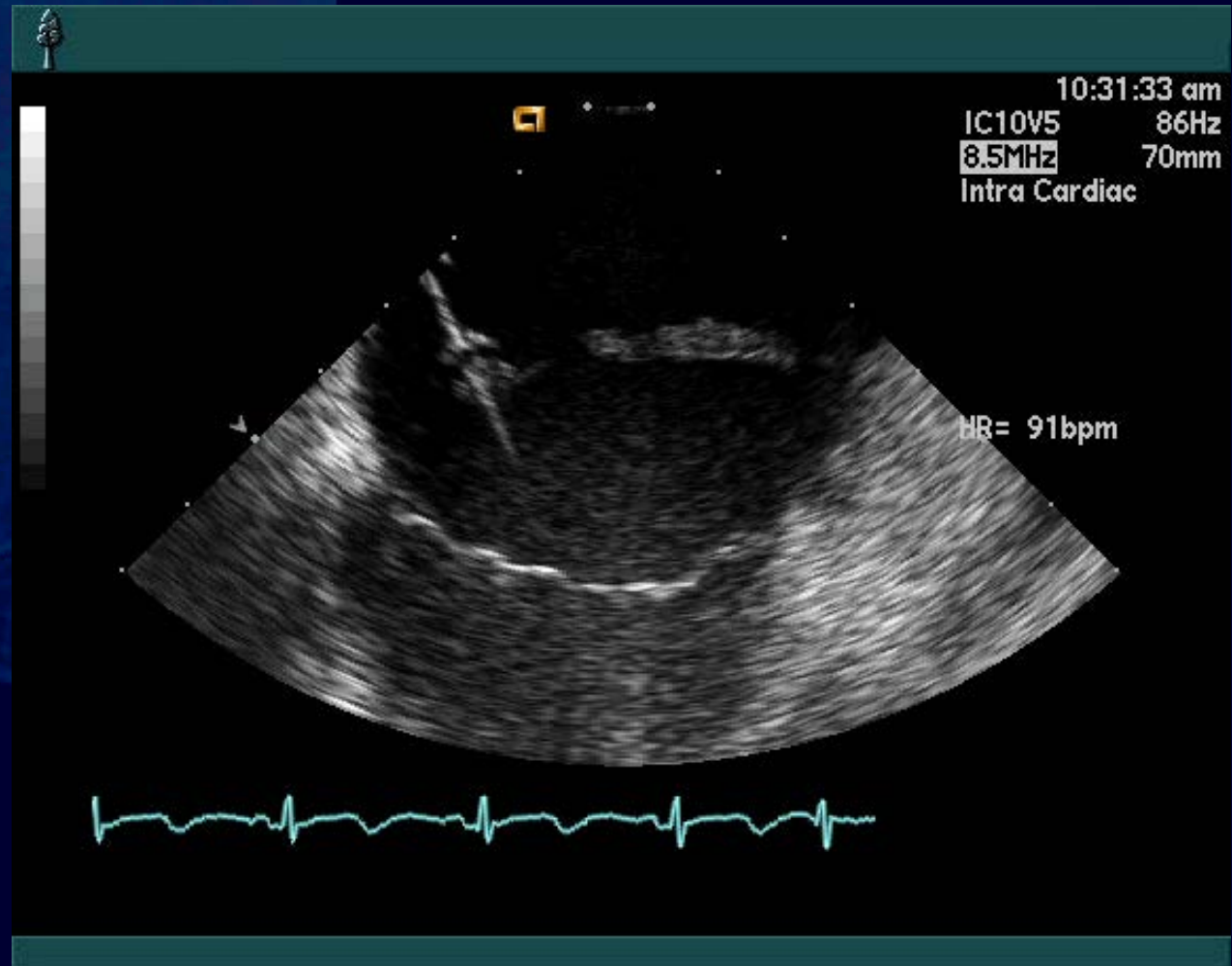
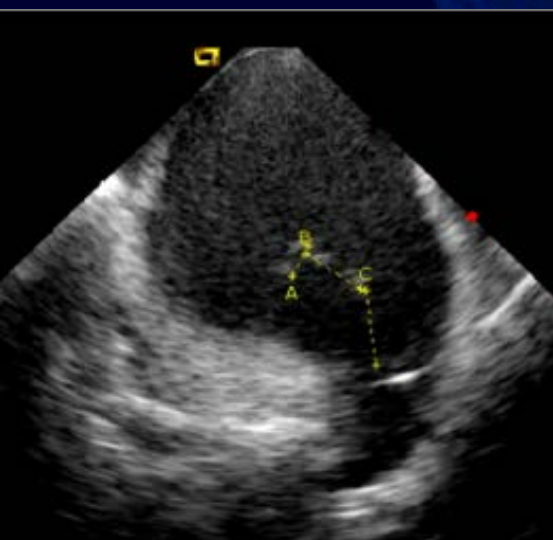
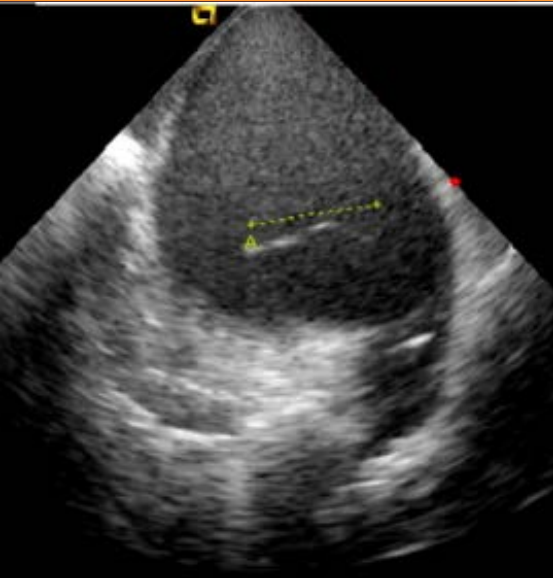
4. Identification and prevention of procedural complications

- Pericardial effusion
- Thrombus
- Atrio-esophageal fistula
- PV's stenosis
- ...

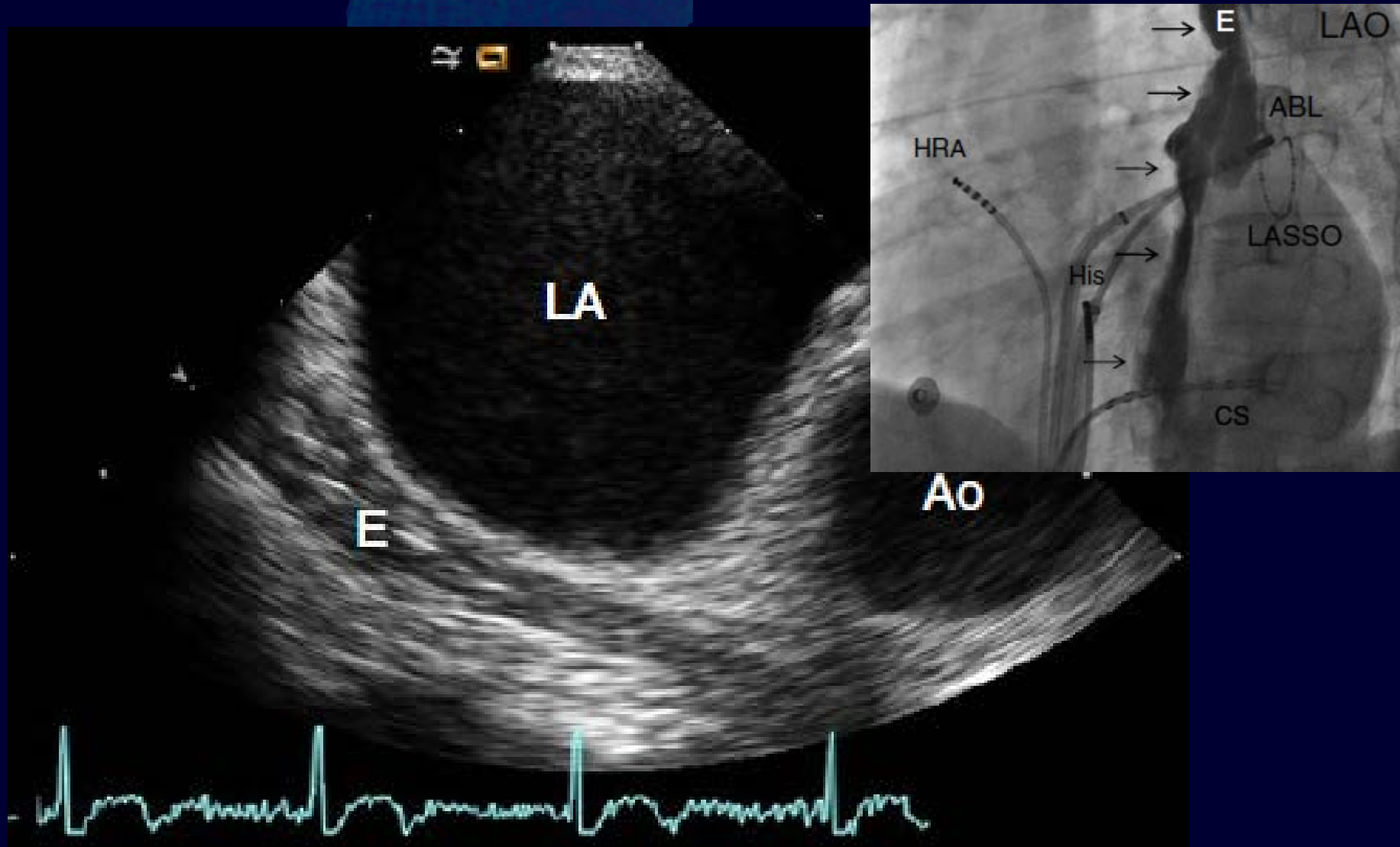
4. Identification and prevention of procedural complications: pericardial effusion



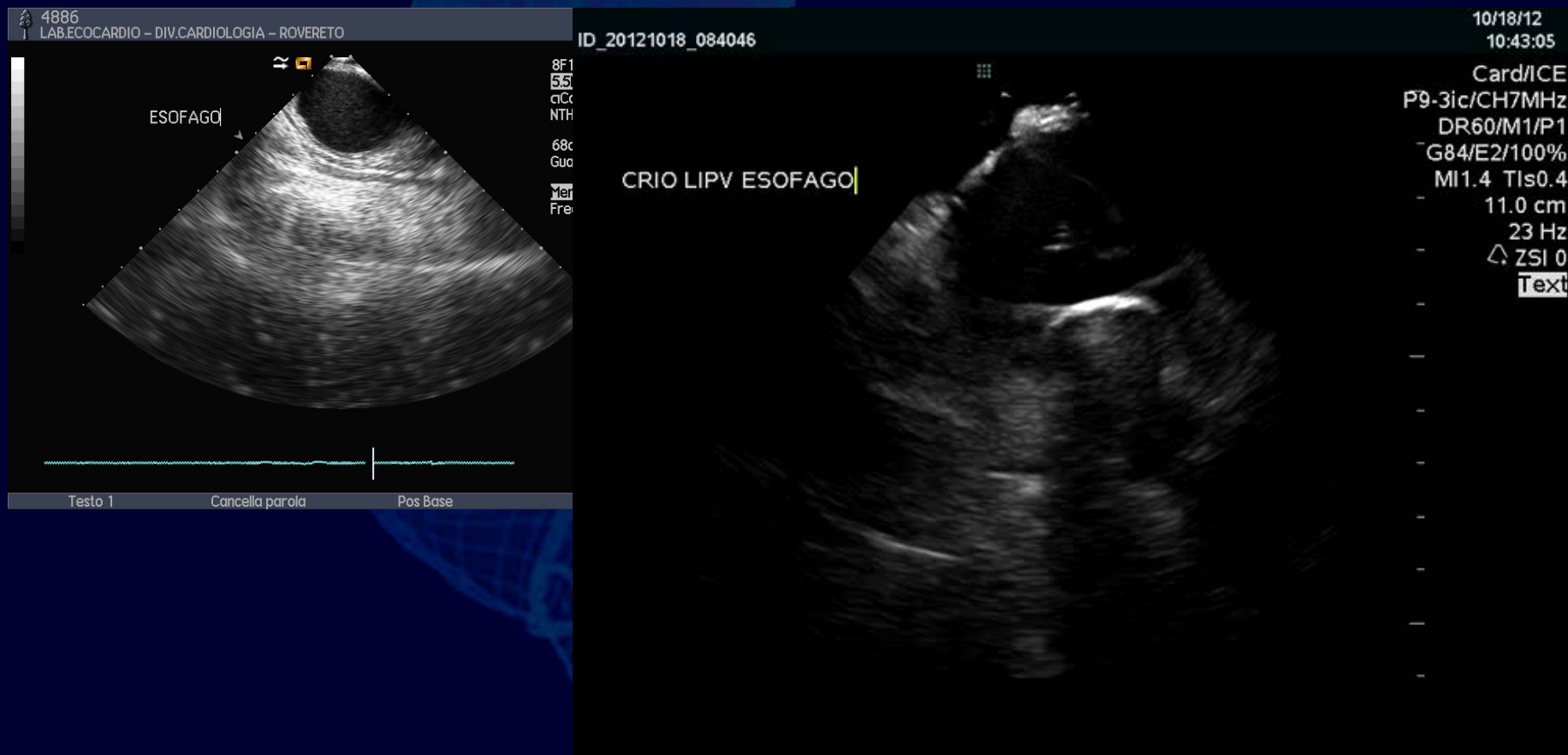
4. Identification and prevention of procedural complications: thrombus in LA



1. Identification and prevention of procedural complications: atrio-esophageal fistula



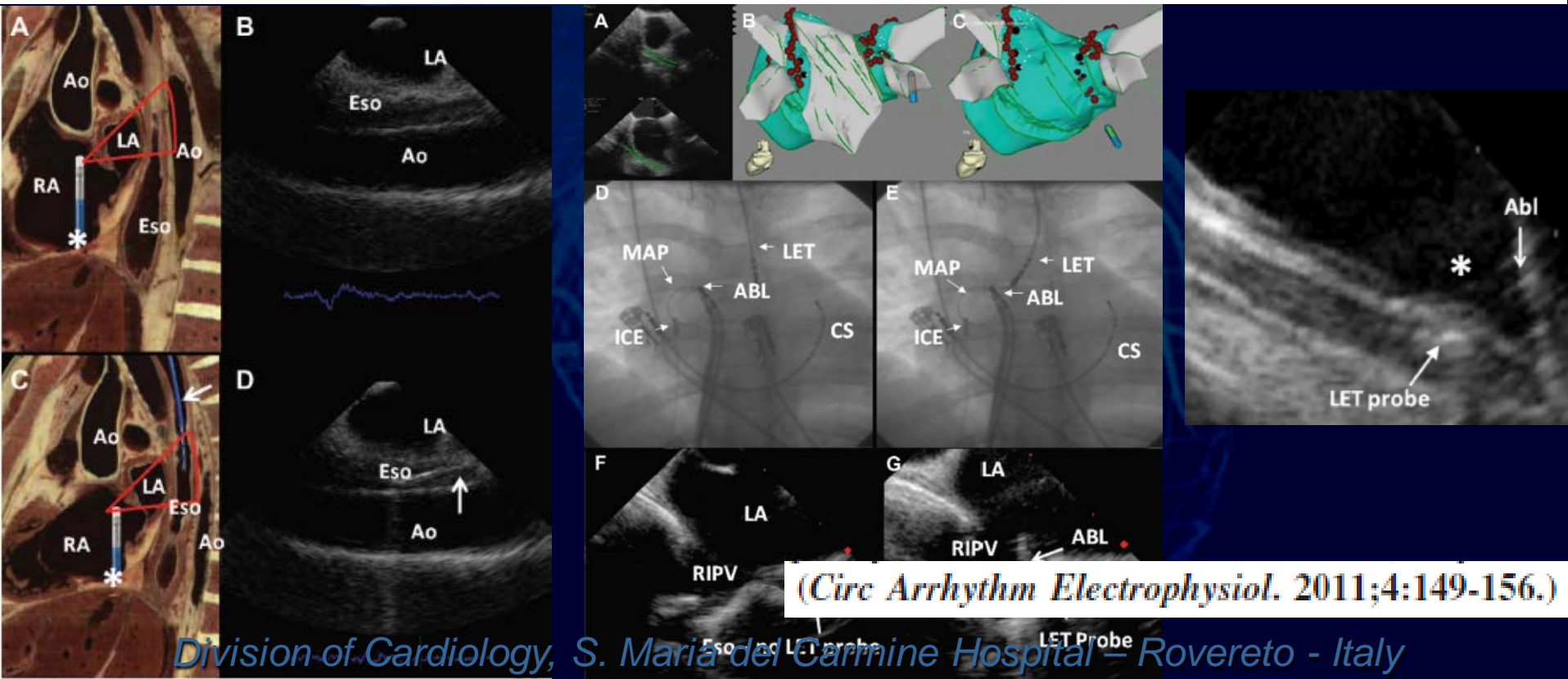
1. Identification of extracardiac structures and manipulation of mapping and ablation



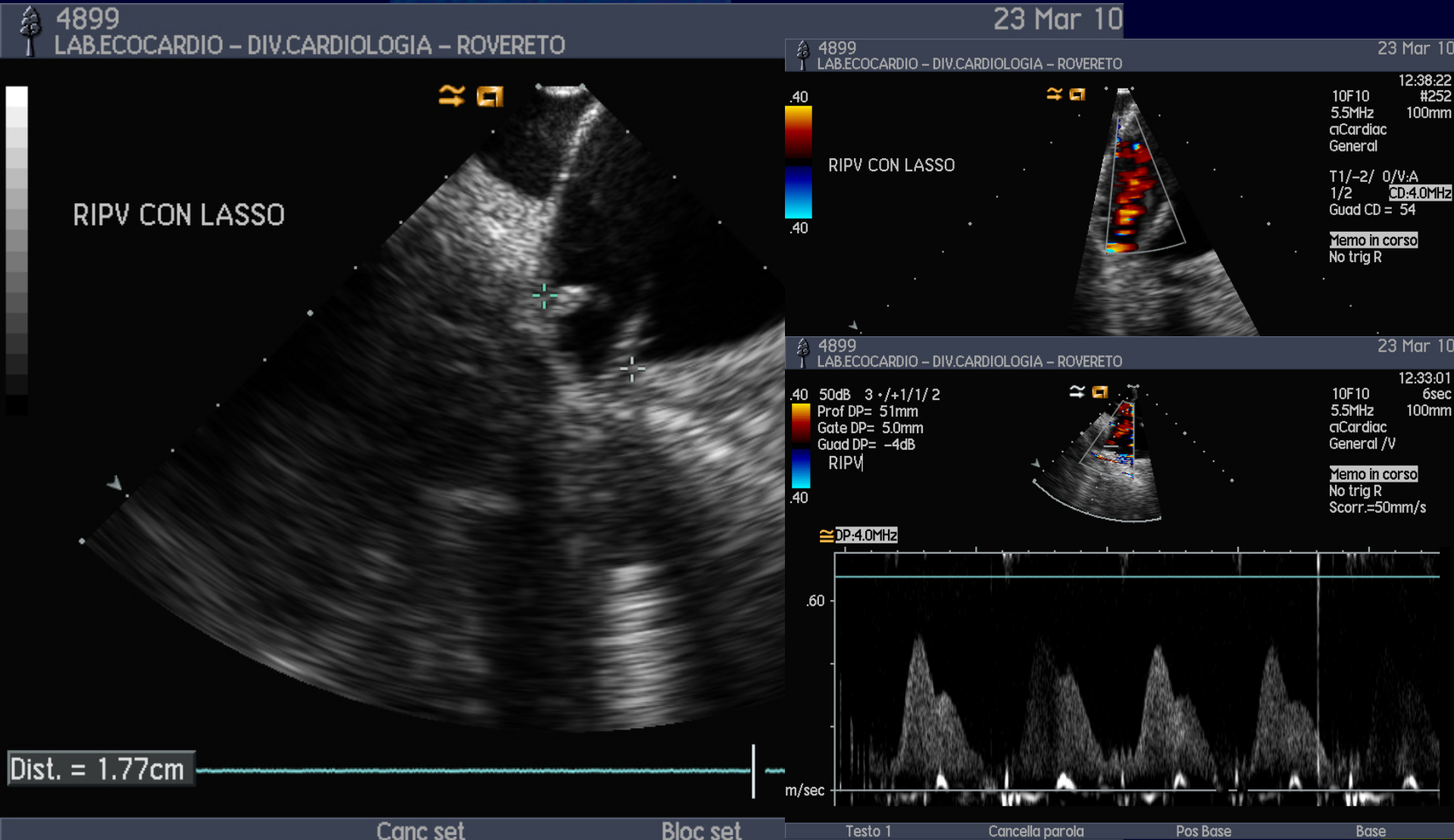
Luminal Esophageal Temperature Monitoring With a Deflectable Esophageal Temperature Probe and Intracardiac Echocardiography May Reduce Esophageal Injury During Atrial Fibrillation Ablation Procedures

Results of a Pilot Study

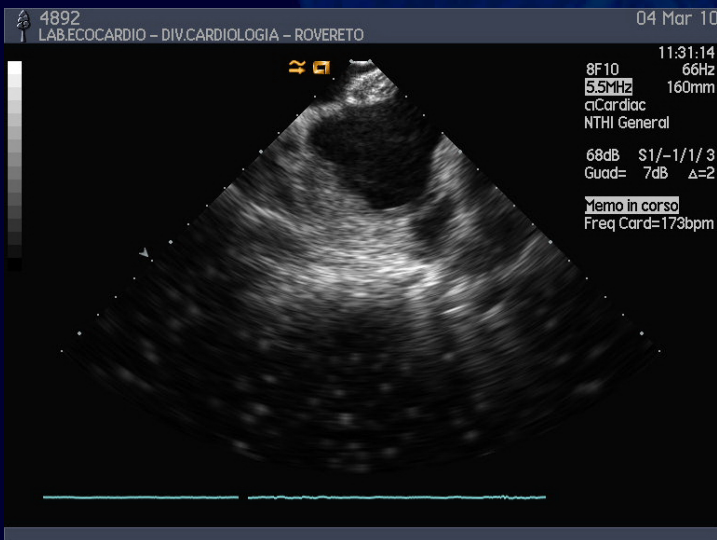
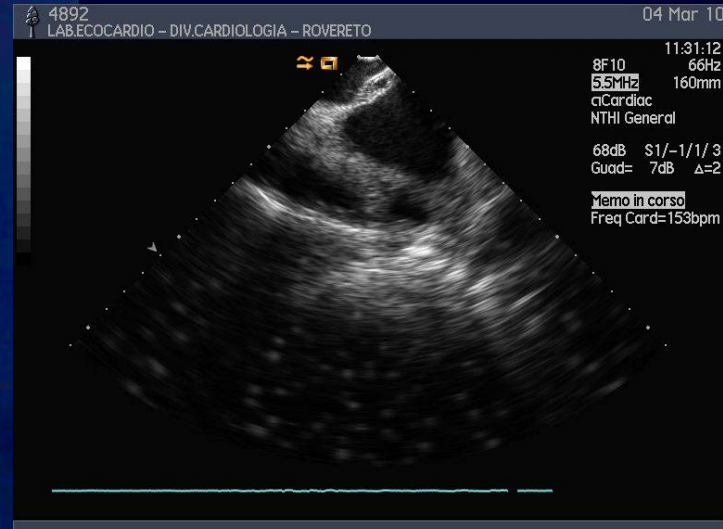
Luiz R. Leite, MD; Simone N. Santos, MD; Henrique Maia, MD; Benhur D. Henz, MD; Fábio Giuseppin, MD; Anderson Oliverira, MD; André R. Zanatta, MD; Ayrton K. Peres, MD; Clarissa Novakoski, MD; Jose R. Barreto, MD; Fabrício Vassalo, MD; Andre d'Avila, MD, PhD; Sheldon M. Singh, MD



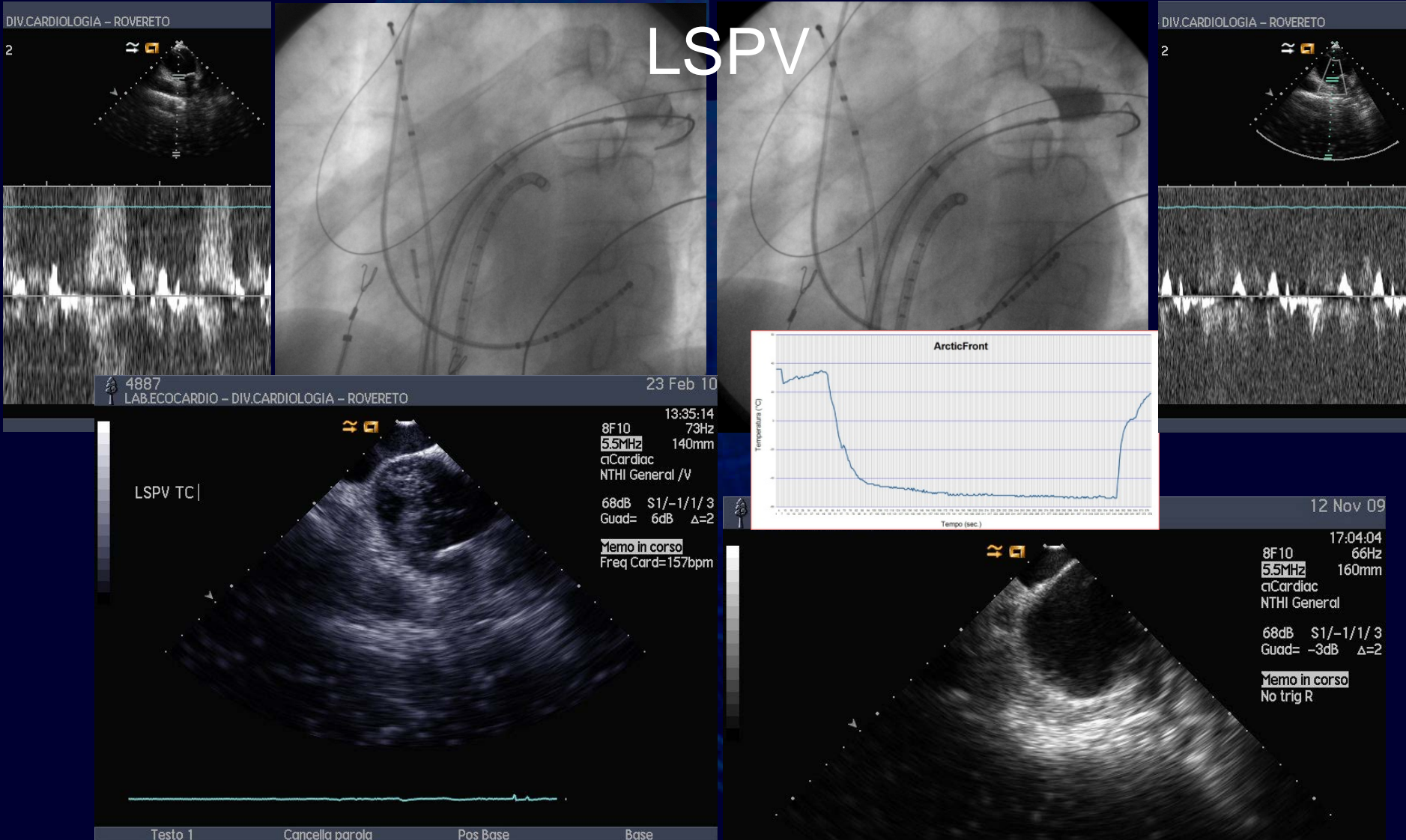
4. Identification and prevention of procedural complications: PV's stenosis



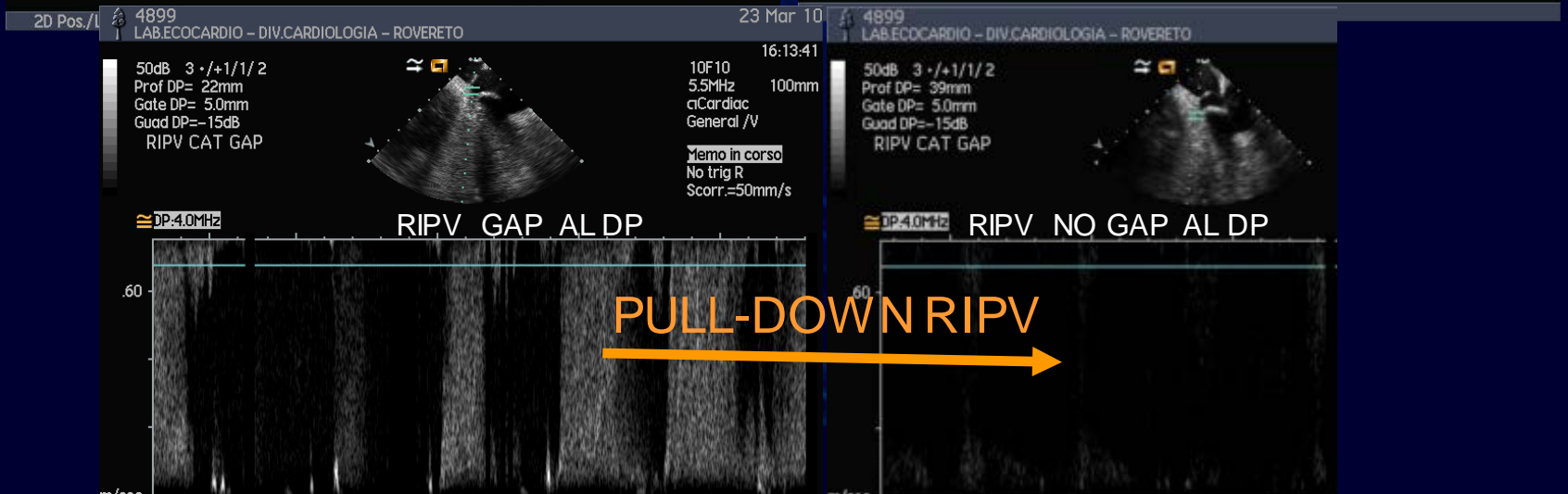
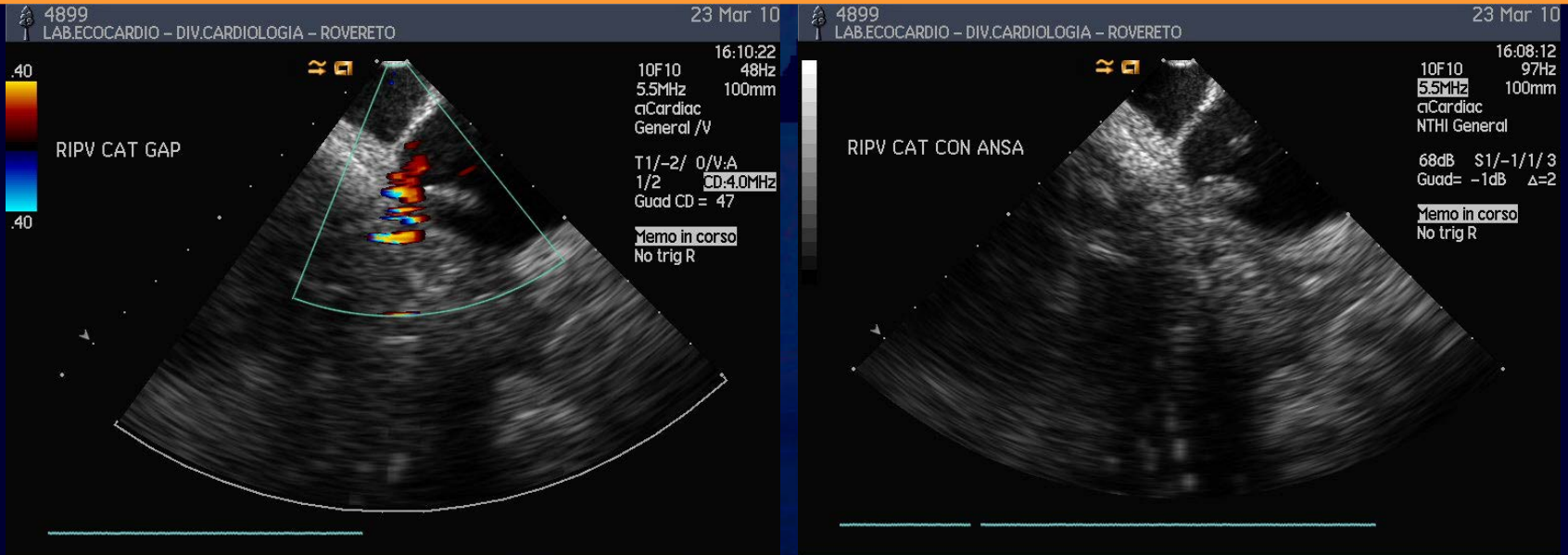
4. Identification and prevention of procedural complications: IA septum hematoma



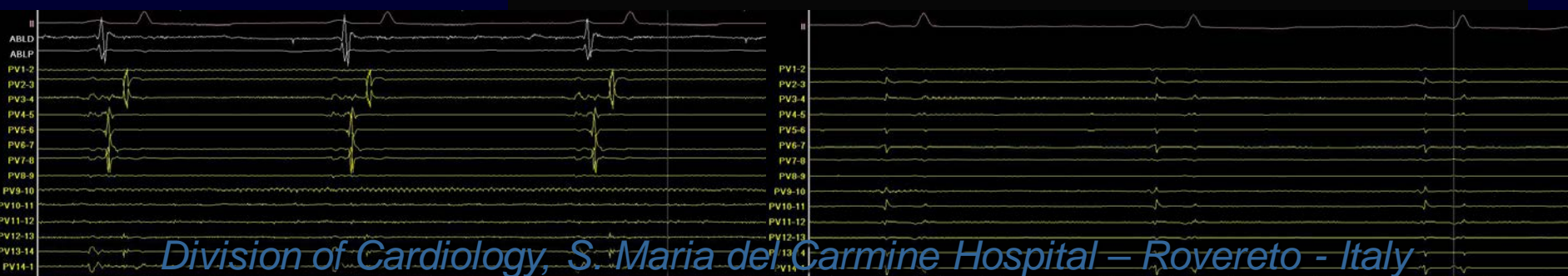
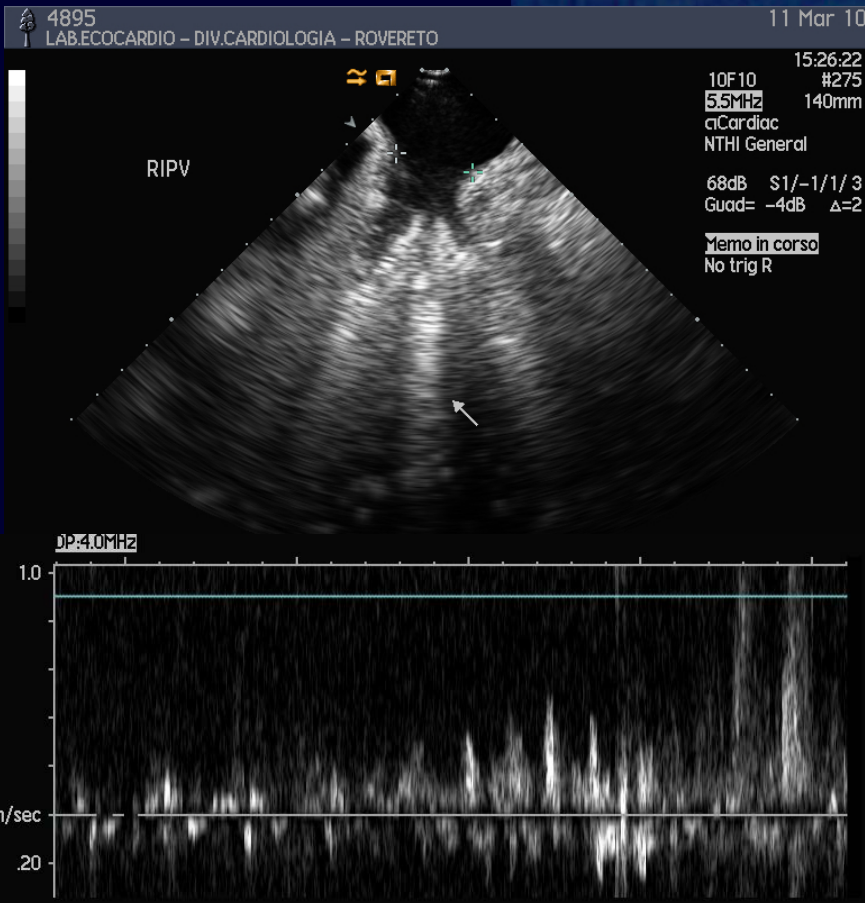
5. ICE and Cryoballoon Pulmonary Vein Isolation: gap



ICE and Cryoballoon Pulmonary Vein Isolation: gap



5. ICE and Cryoballoon Pulmonary Vein Isolation



Cost

Uses of ICE in the electrophysiology laboratory included:

- ✓ the identification of atrial endocardial structures and the manipulation of mapping and ablation catheters in relation to these structures
- ✓ the creation and quantification of focal and continuous radiofrequency ablation (RFA) lesions
- ✓ guidance in the performance of atrial transseptal puncture
- ✓ identification and prevention of procedural complications.



Intracardiac echocardiography in complex cardiac catheter ablation procedures

Javier E. Banchs • Parag Patel • Gerald V. Naccarelli •
Mario D. Gonzalez

J Interv Card Electrophysiol (2010) 28:167–184

8 Conclusions

ICE imaging by itself and integrated to the nonfluoroscopic three-dimensional mapping systems has led to a significant improvement in the precision and safety of complex catheter-based ablation procedures. Less radiation exposure, guidance during critical steps in the procedure, visual, real-time support for precise catheter placement, troubleshooting, and monitoring of complications are some of the benefits of real-time continuous ultrasound imaging.

0 X-Ray or ALARA - As Low As Reasonably Achievable ?

