

#### GIORNATE CARDIOLOGICHE TORINESI



# Indications and methodologies for the early treatment of acute aortic type B dissection

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#### Classification (anatomic)



Stanford's type A aortic dissections involve the ascending aorta or the aortic arch, whereas type B aortic dissections (TBADs) involve only the descending aorta

Anatomic distribution of aortic dissections has significant prognostic implications...



#### Classification (anatomic)

Patients with type A dissections who underwent surgical repair had lower mortality (26%) than those treated medically (58%)...



... whereas the mortality of those with type B dissections was lower when treated medically (11%) than with surgery (31%)



#### Classification





#### Classification (Time of onset)





## **Classification (complicated)**

TBADs are described as **complicated** or **uncomplicated** depending on the presence or absence, respectively, of 1 or more direct clinical consequences of the dissection



- malperfusion syndrome (visceral or lower extremity)
- aortic rupture
- hypotension or shock
- neurologic sequelae
- recurrent or refractory pain
- hypertension refractory to medical therapy
- early aortic dilation or propagation of the dissection

# Classification (complicated)

Patients with <u>complicated</u> TBAD have worse inhospital survival **(50%)** compared with those with <u>uncomplicated</u> **(90%)** 



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#### **Treatment** (medical)

# The first-line treatment of acute TBAD is medical therapy

<u>Controlling blood pressure</u> systolic pressure < 100 mm Hg to 120 mm Hg <u>Controlling heart rate</u> less than 60 bpm





#### **Treatment** (medical)





#### **Treatment** (TEVAR)



Patients diagnosed with complicated acute TBAD should receive <u>emergent TEVAR</u> after the initiation of anti-impulse medical therapy

the primary goal of TEVAR is to <u>cover</u> <u>the primary entry tear</u> with an endograft, thereby expanding the TL and restoring normal blood flow



#### **Treatment** (TEVAR)





## **Technical considerations**

meticulous preprocedure planning is critical to maximize its therapeutic efficacy while minimizing the risk of procedure-related complications

- Spinal cord protection (preoperative or postoperatorive insertion of CSF drainage) is mandatory
- Routine use of intravascular ultrasound facilitates wire access and confirmation in the TL, as well as aiding in proper stent sizing and identifying potential immediate intraoperative complications
- Oversize the endograft up to 10% of the aortic diameter proximal to the dissected segment in normal aorta (no post-balloon dilation!)
- Proximal landing zone of at least 2cm (LSCA coverage and revascularization if needed)



## **Aortic rupture**

In case of **aortic rupture** <u>complete false lumen thrombosis</u> <u>is essential to save patient's life</u>

This may necessitate <u>extension</u> of the TEVAR down to the celiac <u>artery together with</u> <u>one of several adjunctive</u> procedures aimed at occluding the FL

Amplatzer vascular plug Candy plug technique Knickerbocker technique







## Malperfusion





#### **PETTICOAT Technique**

(Provisional ExTension To Induce COmplete ATtachment)

Covered stent graft proximally and uncovered stent distally

Results at 2 years **demonstrated expansion of the thoracic TL and regression of the FL with freedom from aorta-related events of ~90%** 



# TEVAR for uncomplicated TBAD

Some authors suggest elective TEVAR even for uncomplicated TBAD

Several studies reported better outcomes in term of **overall survival** and **aortic related death** especially after the <u>2 years mark</u>





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## **High risk features**



- Aortic diameter greater than 40mm
- Patent false lumen with partial thrombosis
- False lumen diameter greater than or equal to 22mm
- Single proximal entry tear, greater than or equal to 10mm
- Elliptical true lumen with saccular false lumen
- Rapid aortic enlargement greater than 4mm per year
- Aneurysm diameter greater than 55mm
- Recurrent or refractory pain and refractory hypertension



#### **Clinical case**













Left common iliac artery almost occluded



#### **Clinical case**











#### TEVAR



#### TEVAR (Gore C-Tag 34x34mm) + LCC to LSA bypass



#### TEVAR





#### Take home messages

- Early identification and classification based on time of onset and presence of complication is mandatory in TBAD
- The survival rate drops dramatically during the first 7 days in patients affected by TBAD
- Mortality is significantly influenced by the concomitant presence of complication
- First line treatment of TBAD is anti-impulse therapy



#### Take home messages

- TEVAR is the gold standard treatment for complicated TBAD
- In case of aortic rupture inducing complete FL thrombosis is mandatory and several peculiar techniques may be used in addition to TEVAR
- In case of malperfusion visceral branch stenting must be performed
- TEVAR can improve long term outcome even in patients with uncomplicated TBAD

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