



# 31 GIORNATE CARDIOLOGICHE TORINESI

TURIN  
October  
24<sup>th</sup>-26<sup>th</sup>  
2019

## Lead positioning and stability for CRT

Gabriele Giannola

Fondazione Istituto G. Giglio - Cefalù

Turin 26<sup>th</sup> October 2019

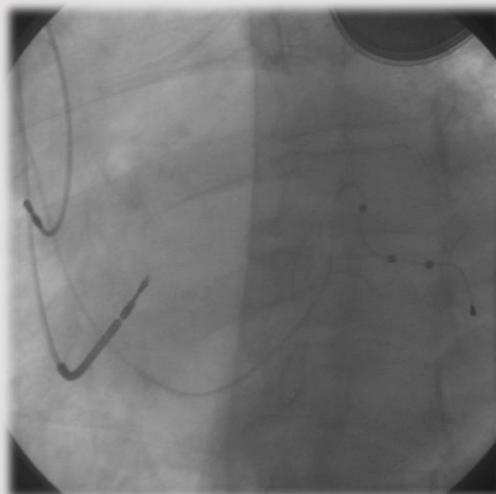


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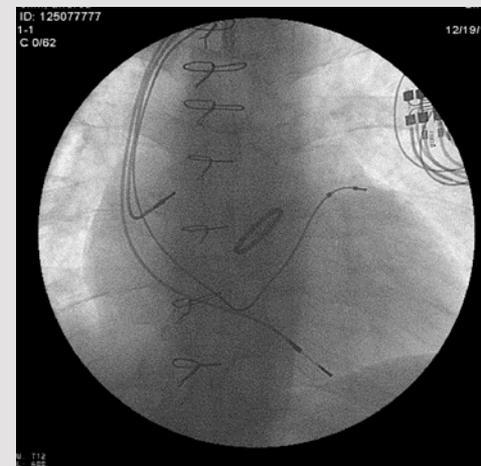
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## CRT

- Atrial lead
- RV lead
- LV lead



Success rate:  
Implant 95-98%  
Responder 50-90%





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## LV LEAD POSITIONING

De novo LV lead positioning:

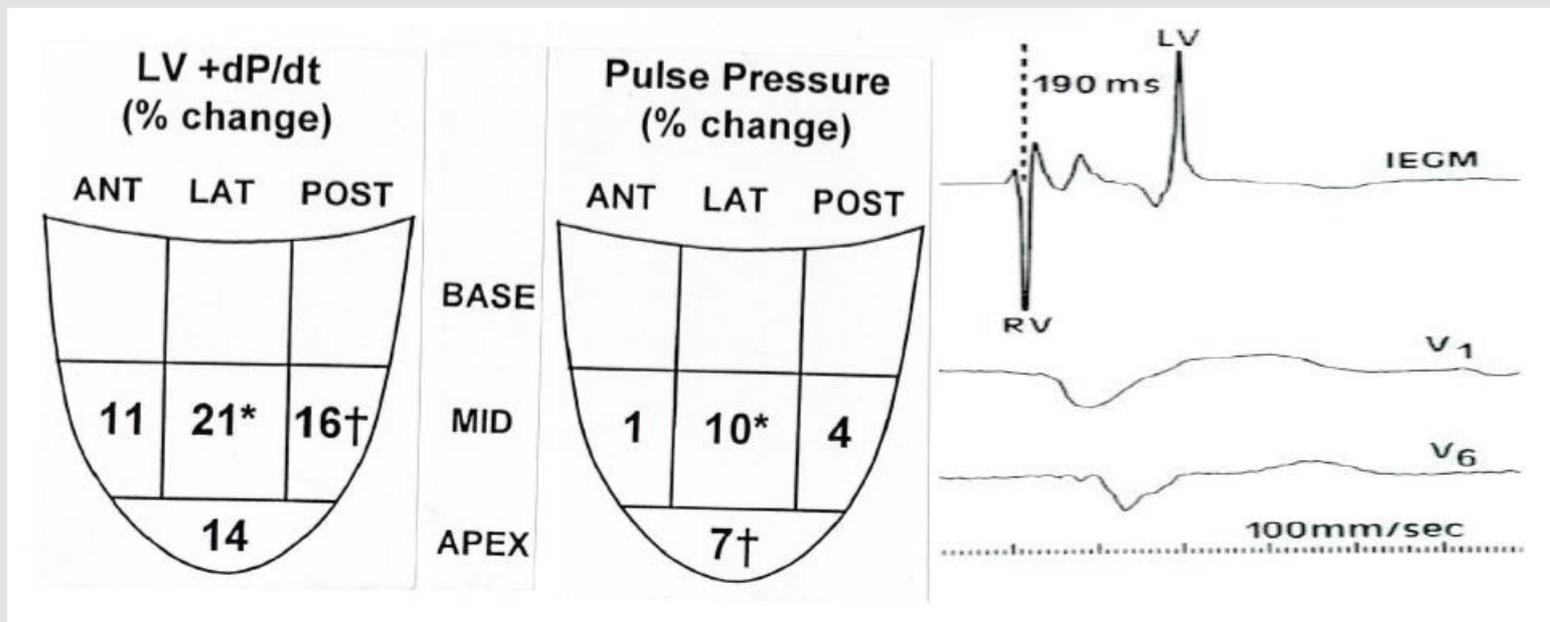
- How to choose the optimal position?



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LV lead: lateral or postero-lateral in all cases?



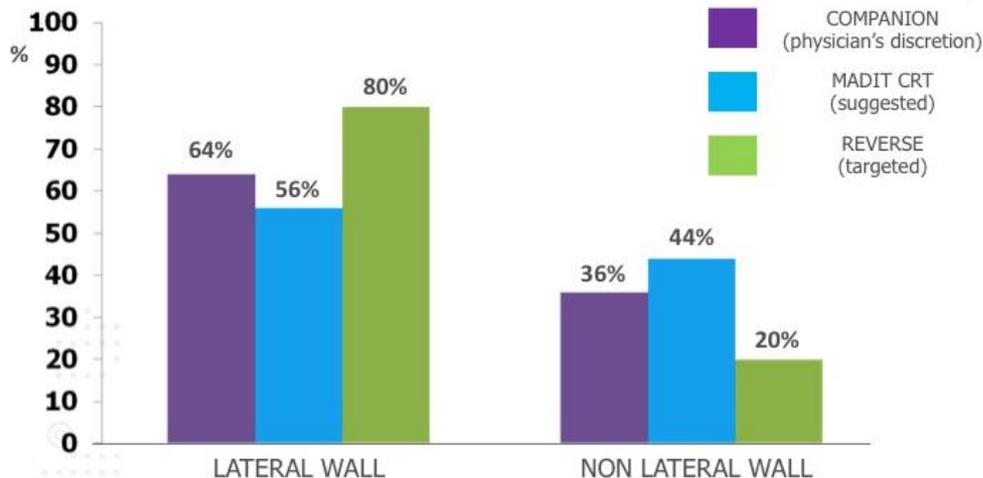
*Auricchio A. et al. Am J Cardiol 1999; 83:136D-42D*



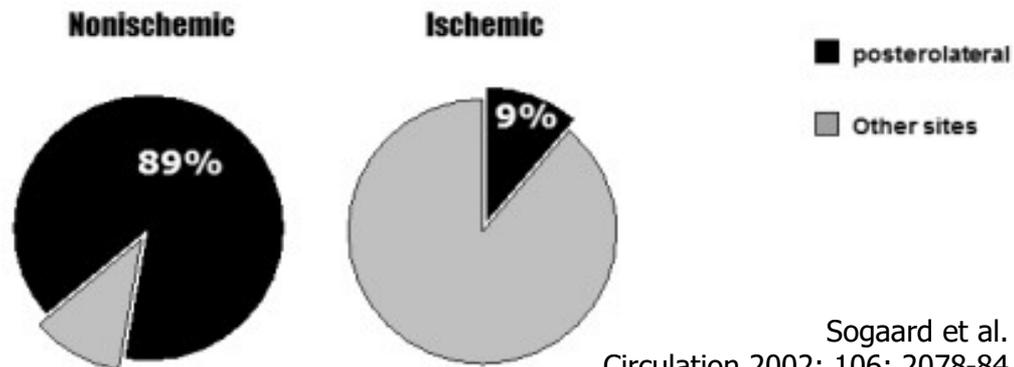
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## LV lead position in large CRT trial



## Prevalence of delayed contraction by etiology



Sogaard et al.  
Circulation 2002; 106: 2078-84

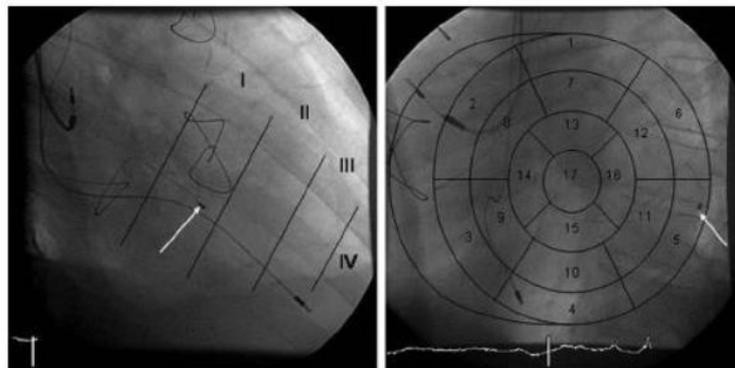
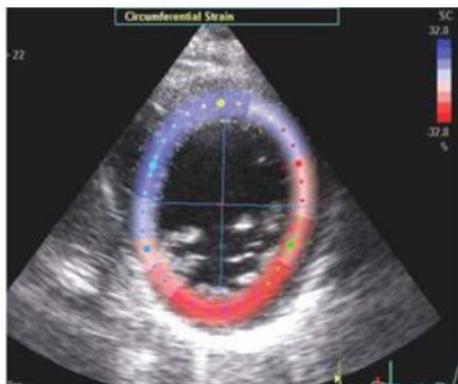


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## Impact of left ventricular lead position in cardiac resynchronization therapy on left ventricular remodelling. A circumferential strain analysis based on 2D echocardiography

Michael Becker<sup>1</sup>, Rafael Kramann<sup>1</sup>, Andreas Franke<sup>1</sup>, Ole-A. Breithardt<sup>2</sup>, Nicole Heussen<sup>3</sup>, Christian Knackstedt<sup>1</sup>, Christoph Stellbrink<sup>4</sup>, Patrick Schauerte<sup>1</sup>, Malte Kelm<sup>1</sup>, and Rainer Hoffmann<sup>1\*</sup>

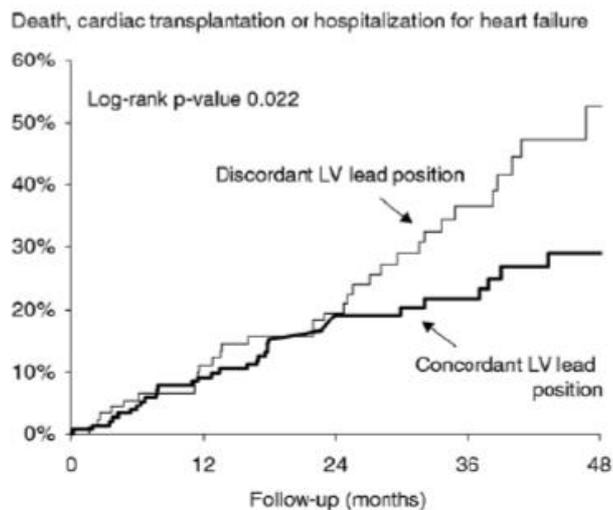


**Site of latest activation:**  
**Lateral 44%**  
**Anterior 25%**  
**Posterior 15%**  
**Inferior 7%**  
**Apical 9%**

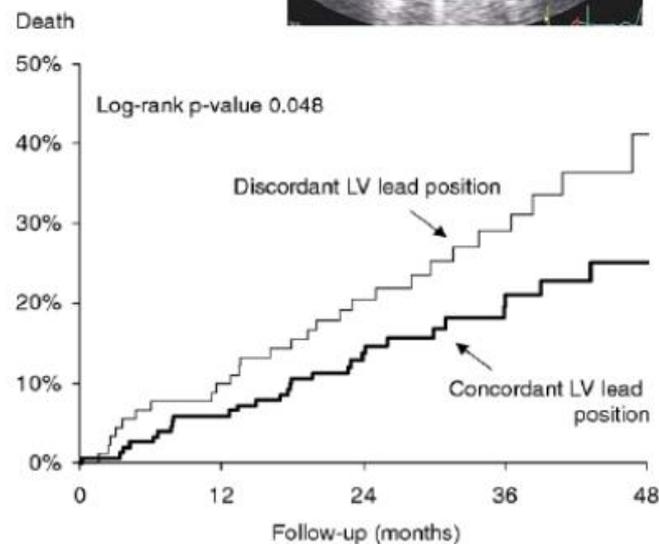


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Patients at risk 244 224 156 88 34



Patients at risk 244 224 156 88 34



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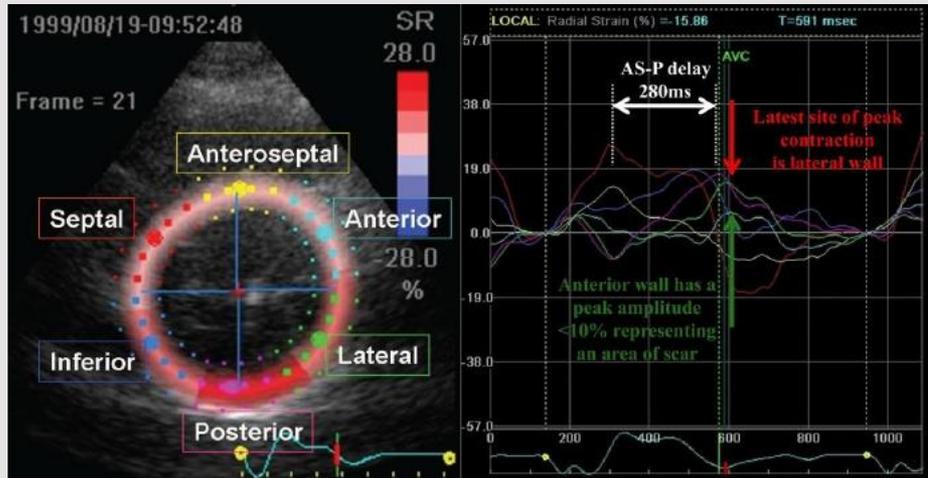
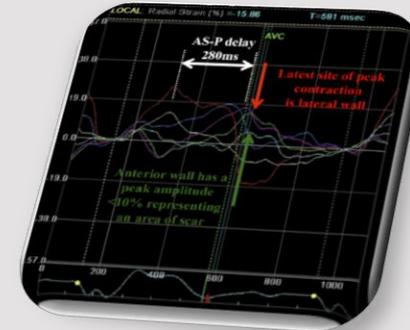
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## Targeted Left Ventricular Lead Placement to Guide Cardiac Resynchronization Therapy

The TARGET Study: A Randomized, Controlled Trial

Fakhar Z. Khan, MA,\* Mumohan S. Virdee, MD,\* Christopher R. Palmer, PhD,† Peter J. Pugh, MD,‡  
Denis O'Halloran, BCh,‡ Philip A. Read, MD,\* David Begley, MD,\* Simon P. Fynn, MD,\*  
David P. Dutka, DM,‡

Cambridge, United Kingdom

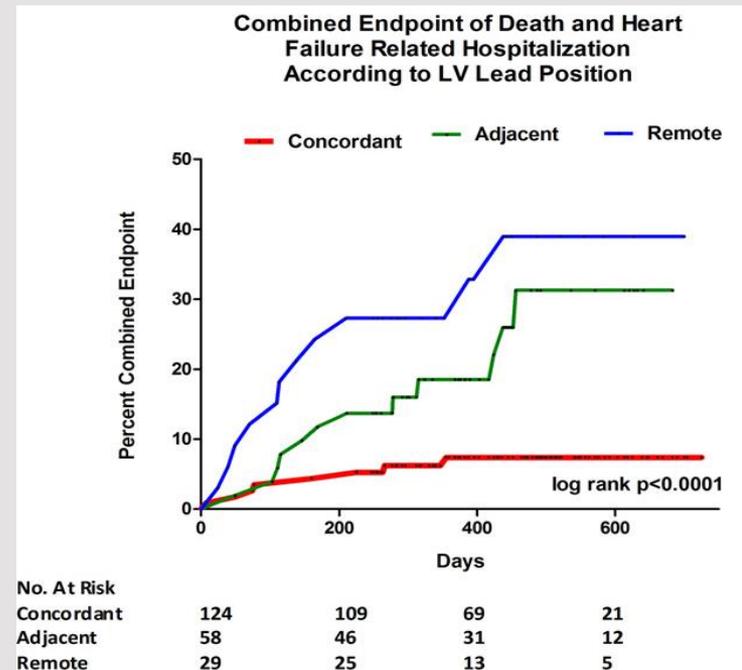
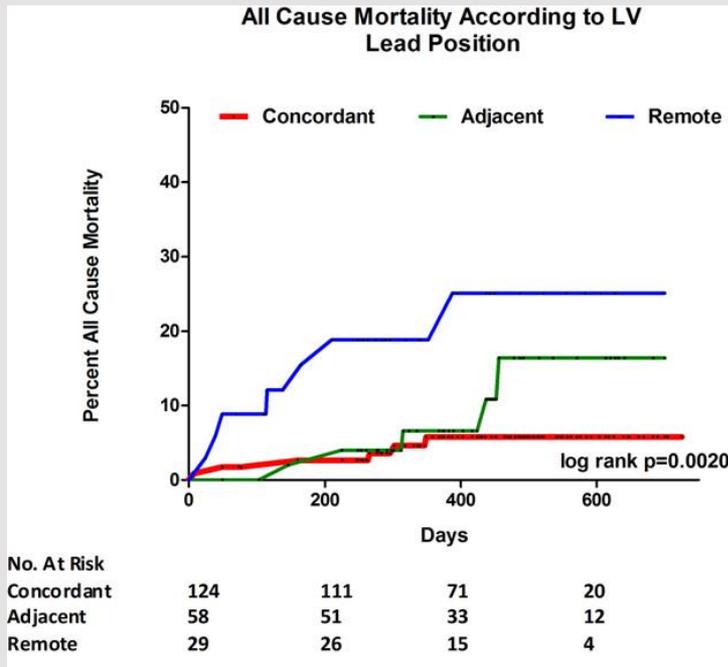




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## Targeted LV lead position improves outcomes



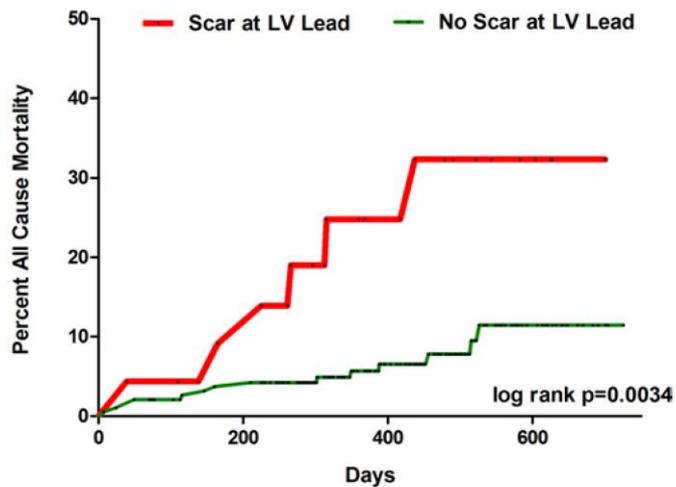
CRT RESPONSE: 70% IN ECHO GUIDED PTS vs 55% IN CONTROL PTS ( $P < 0.05$ )



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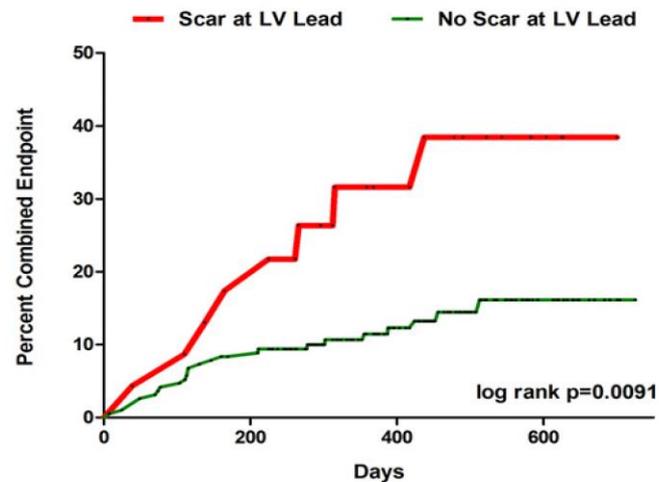
All Cause Mortality According to the Presence of Scar at the LV lead Pacing Site



No. At Risk

Scar at LV Lead	24	20	13	4
No Scar at LV Lead	187	179	110	21

Combined Endpoint of Death and Heart Failure Related Hospitalization According to the Presence of Scar at the LV Pacing Site



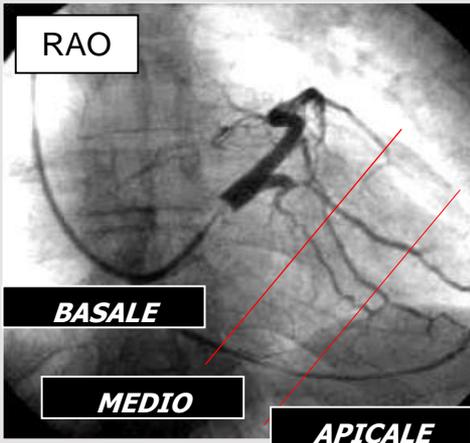
No. At Risk

Scar at LV Lead	24	21	12	4
No Scar at LV Lead	187	177	106	22



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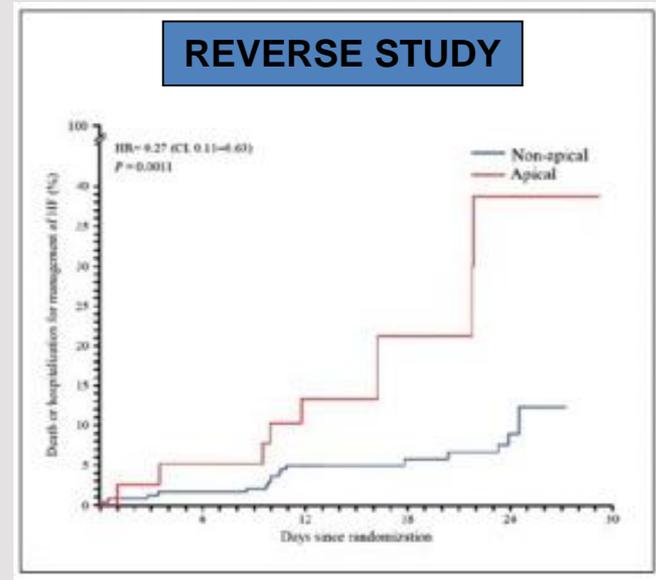
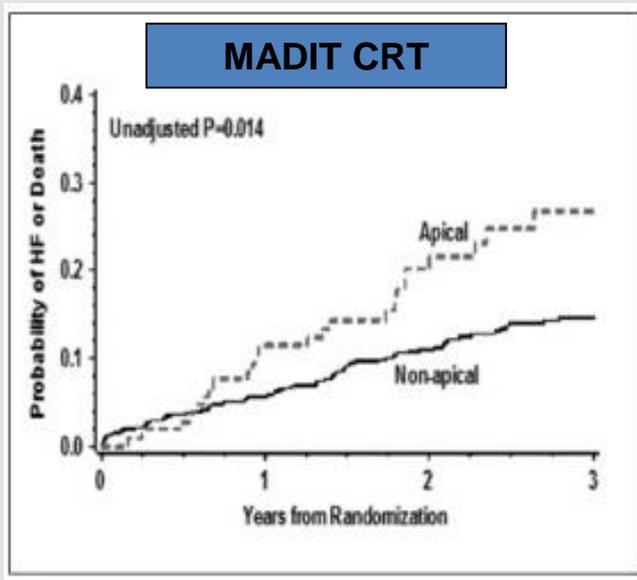
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## LV lead position: apical vs non apical

*Thebault et al. Eur Heart J 2012; 33: 2662-71*

*Singh et al. Circulation 2011; 123: 1159-66*

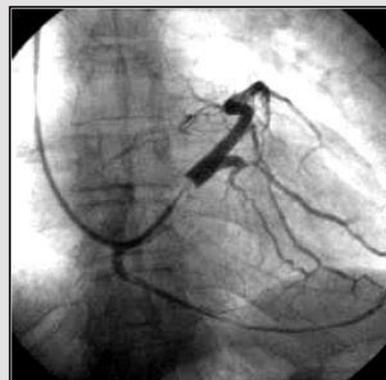
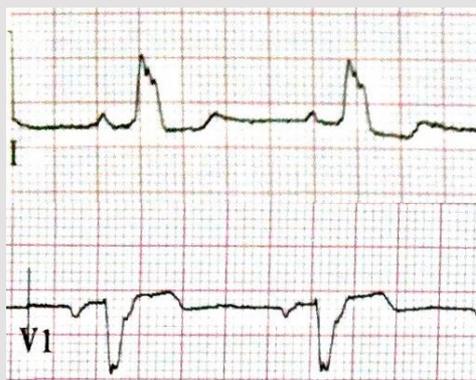
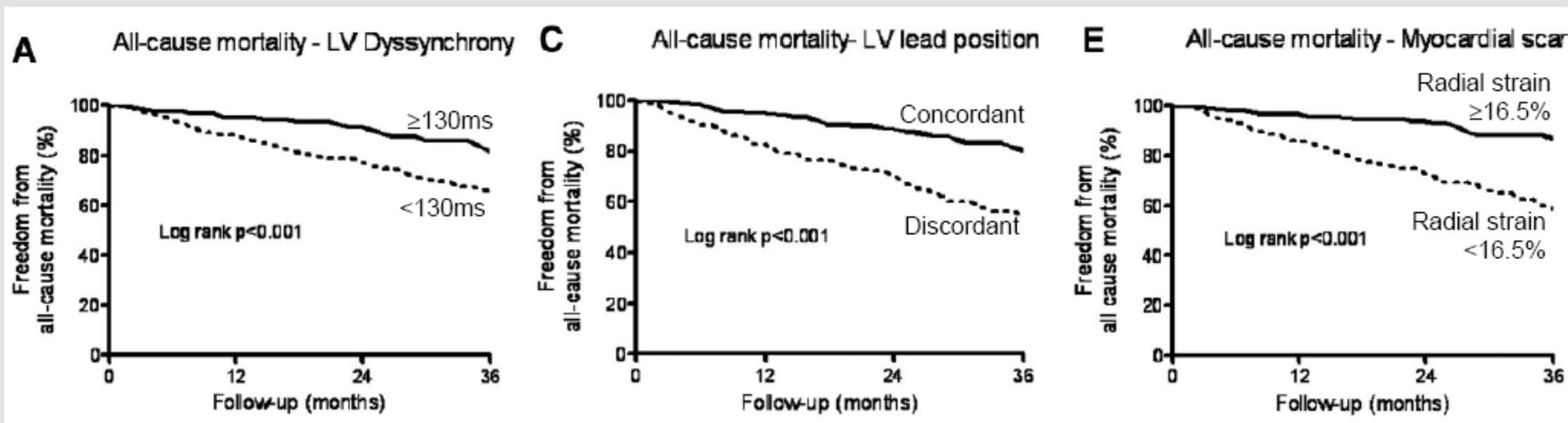




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## LV lead position



*Delgado V et al. Circulation 2011; 123 (1): 70-8*



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## LV LEAD POSITIONING

De novo LV lead positioning:

- How to choose the optimal position?

Patients already implanted with a LV lead:

- How to improve CRT?

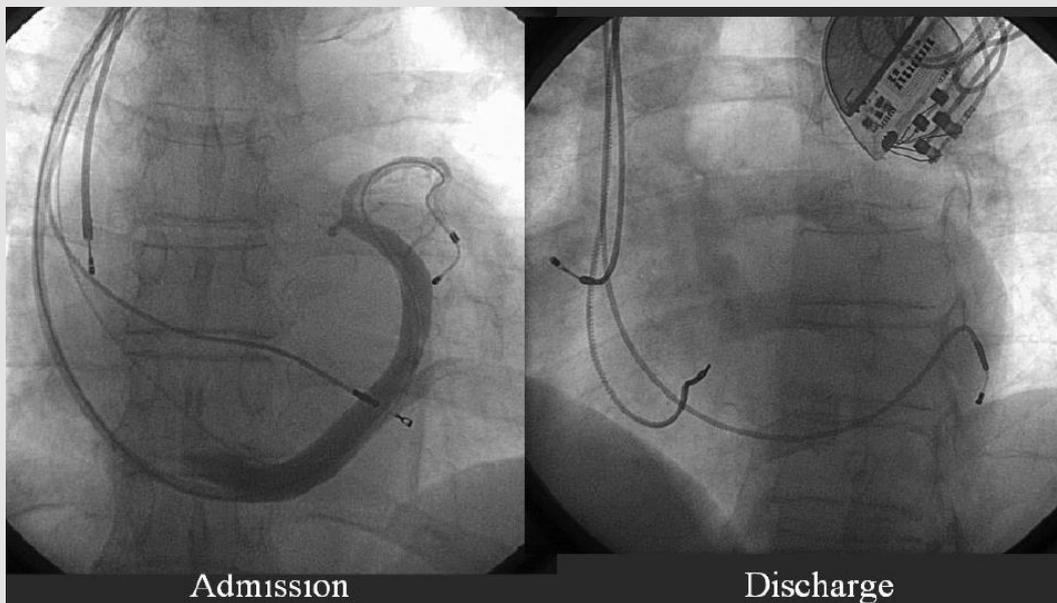


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## Solutions

- Modification of the location of the LV lead
- Surgical approach
- LV dual site?
- LV endocardial



Admission

Discharge

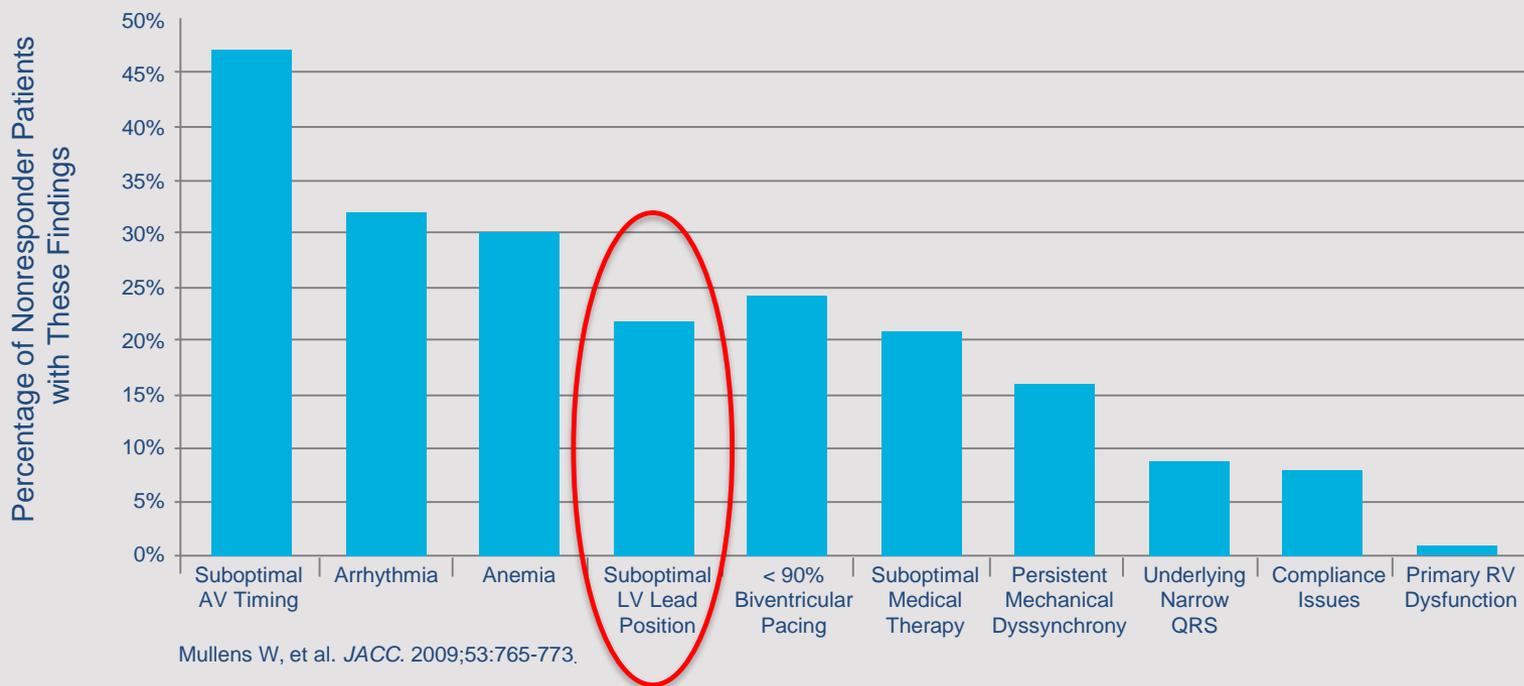


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## There Are Many Drivers for CRT NonResponse

Potential Reasons for Suboptimal CRT Response

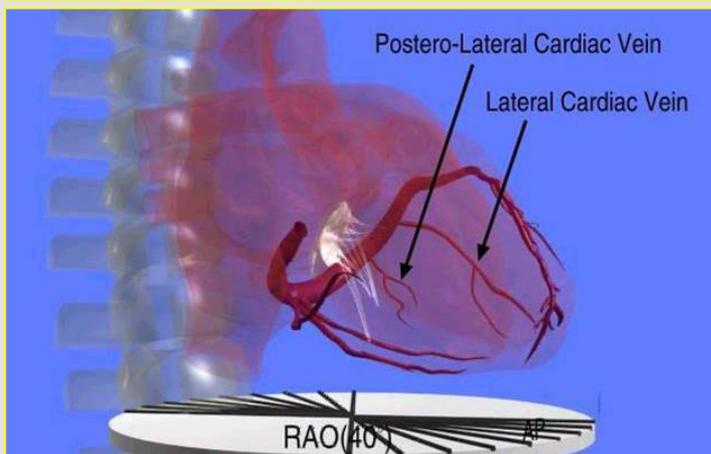
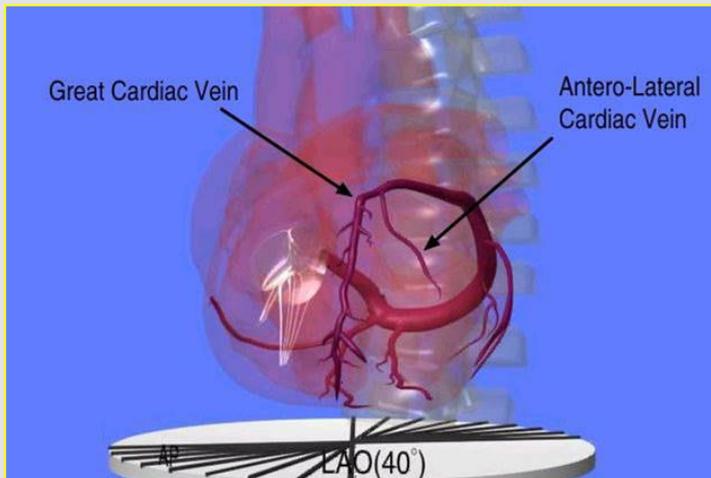




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## Anatomy





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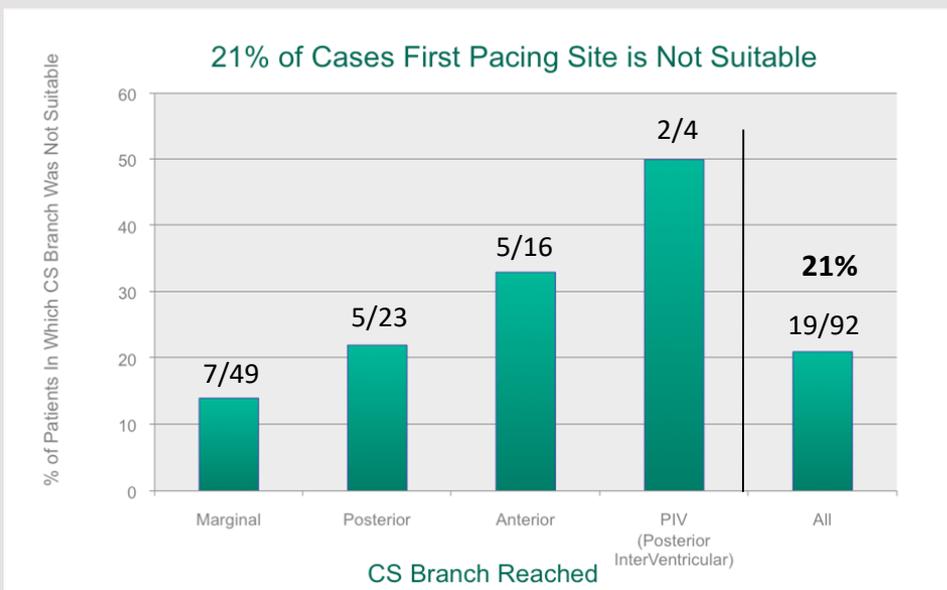
## CRT pacing challenges: Lead stability

### Coronary Sinus Side Branches for Cardiac Resynchronization Therapy: Prospective Evaluation of Availability, Implant Success, and Procedural Determinants

GABOR Z. DURAY, M.D., STEFAN H. HOHNLOSER, M.D., and CARSTEN W. ISRAEL, M.D.

From the Department of Medicine, Division of Cardiology, Section Clinical Electrophysiology, J. W. Goethe University, Frankfurt, Germany

Duray et al. reported that in 21% (19/92) of cases with bipolar LV leads, the first pacing site chosen was not suitable due to lead instability and high pacing thresholds.



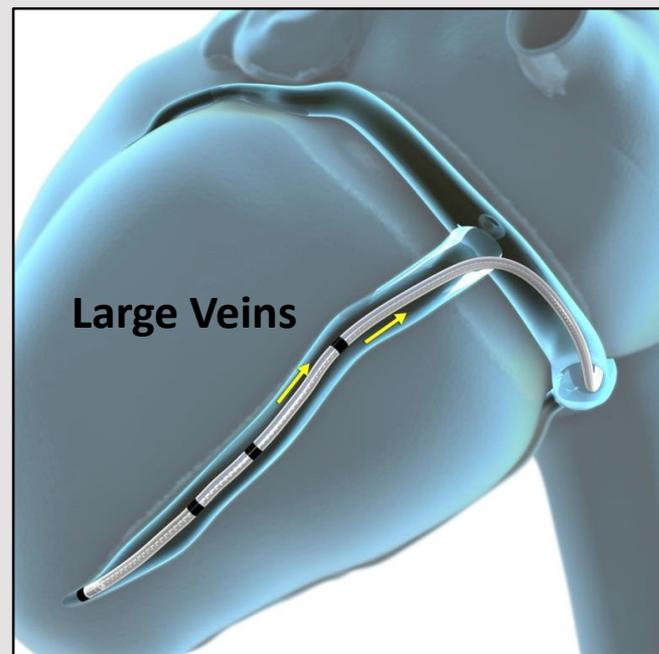
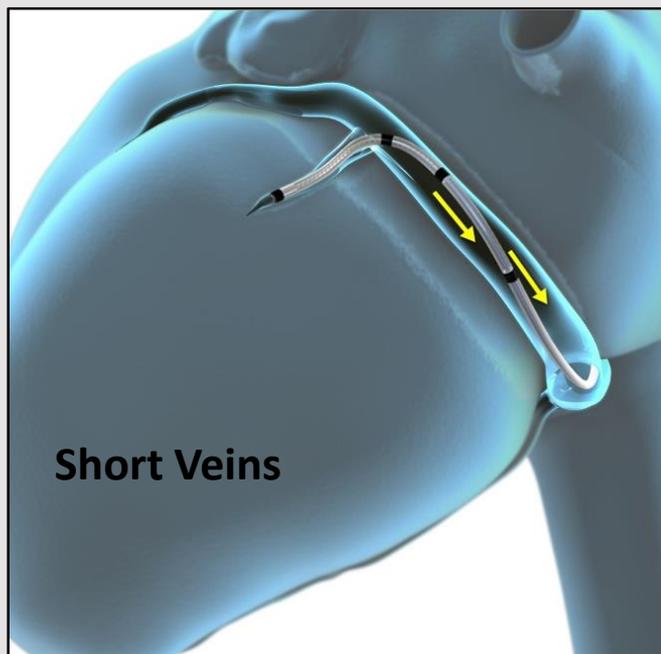


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## LV Lead Challenges

- Limited venous options
- Difficulties with precise placement
- Dislodgement and implant unpredictability



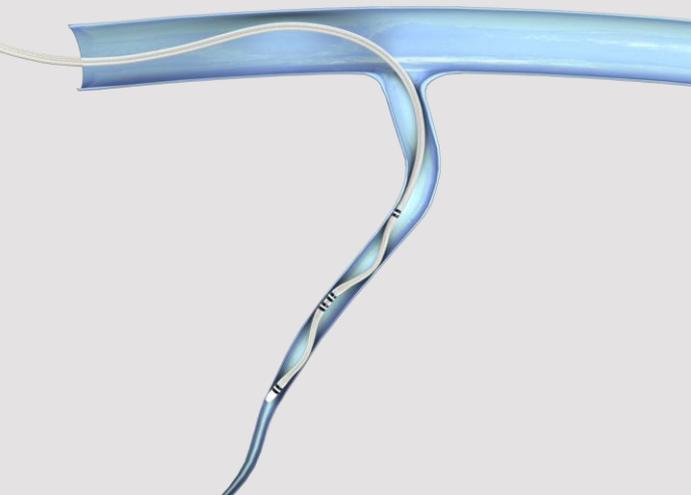
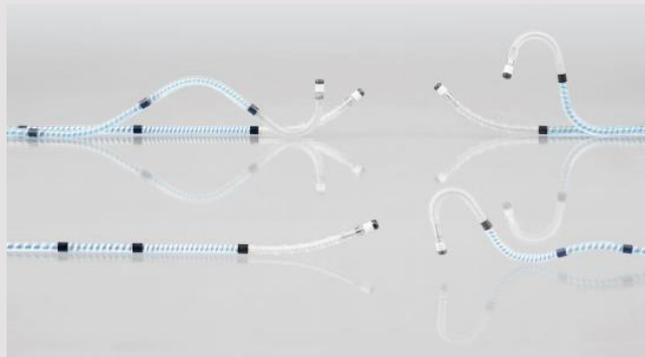
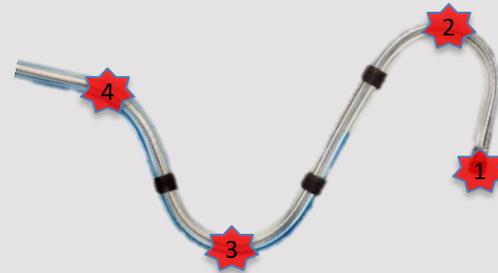
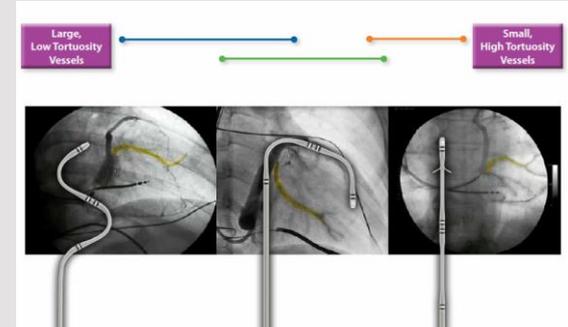


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## Requirements of a good catheter for left ventricular pacing:

1. It must arrive at the most appropriate point
2. It must be stable
3. Must have good thresholds
4. It should not cause extra cardiac stimulation





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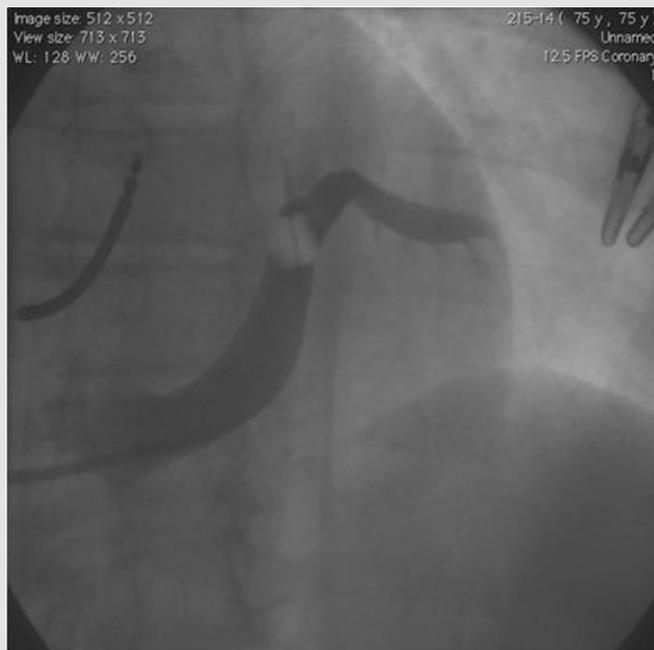
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## Overcoming an impossible anatomy with a novel left ventricular active fixation lead in the coronary sinus: A case report



Gabriele Giannola, MD, PhD,\* Riccardo Torcivia, MD,\* Riccardo Airò Farulla, MD,\* Joeri Heynens, MSc<sup>1</sup>

From the \*Cardiology Unit, Fondazione Istituto San Raffaele, G. Giglio-Cefalù (PA), Italy, and <sup>1</sup>Medtronic Bakken Research Center, Maastricht, The Netherlands.

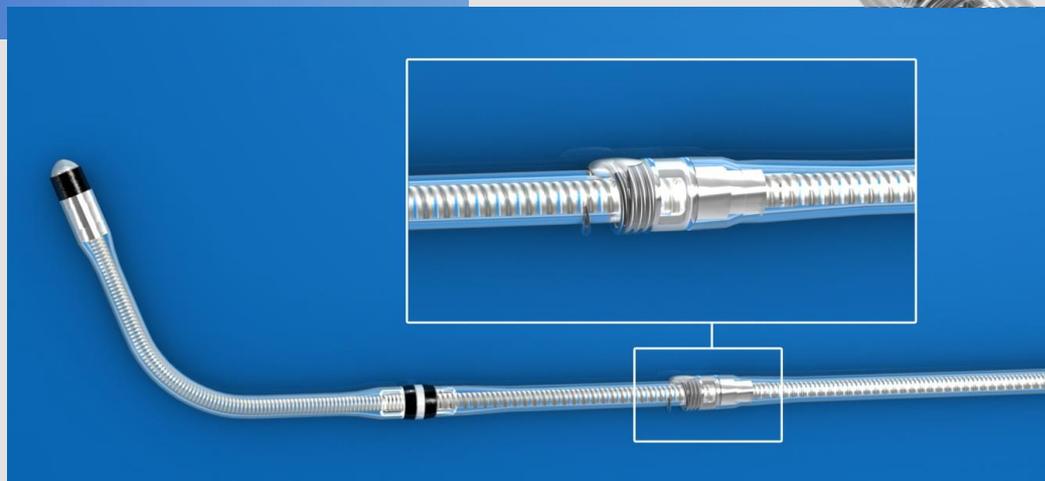
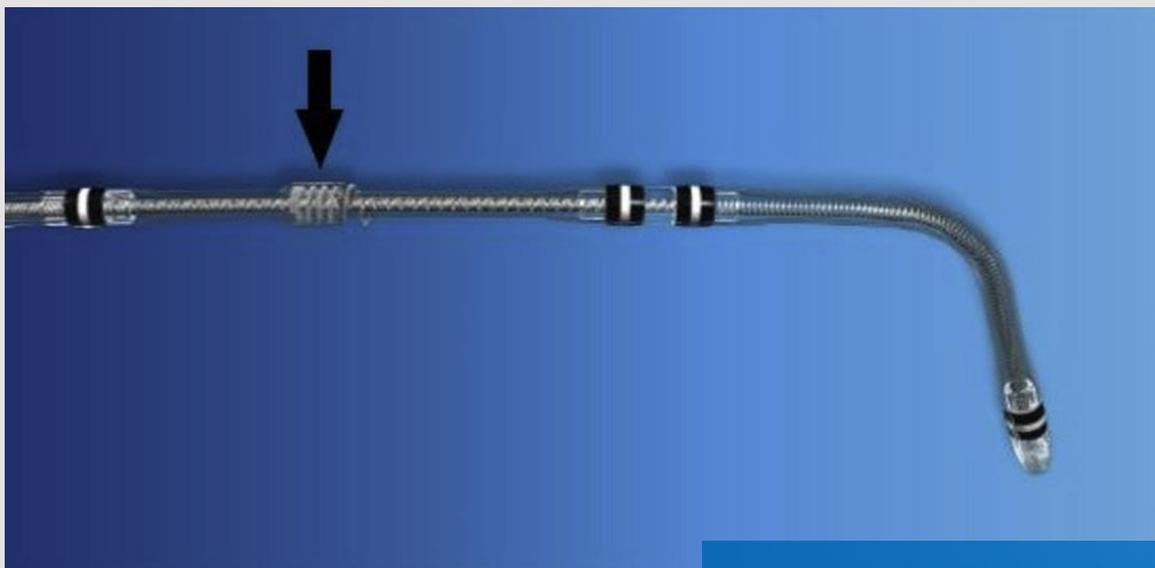


G. Giannola, Heart Rhythm CaseReports2015;1:130–132



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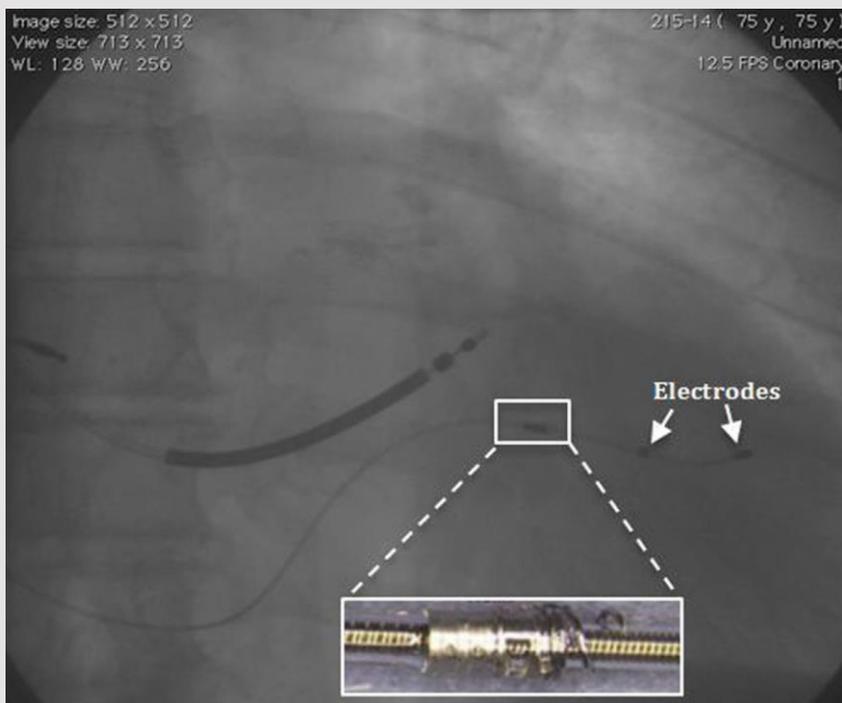
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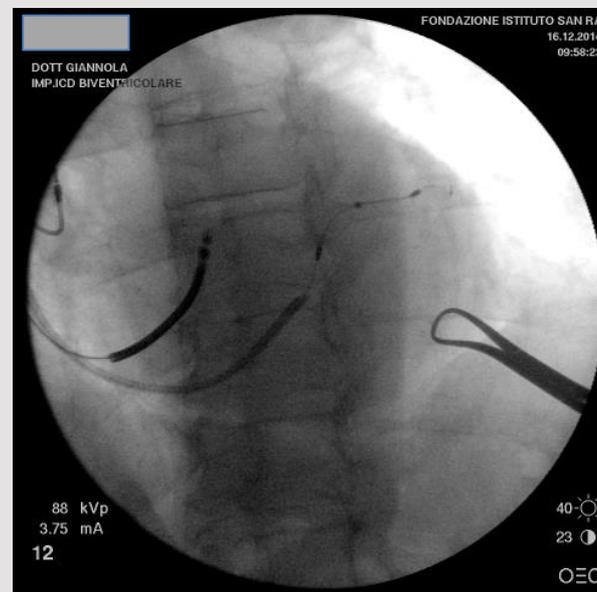
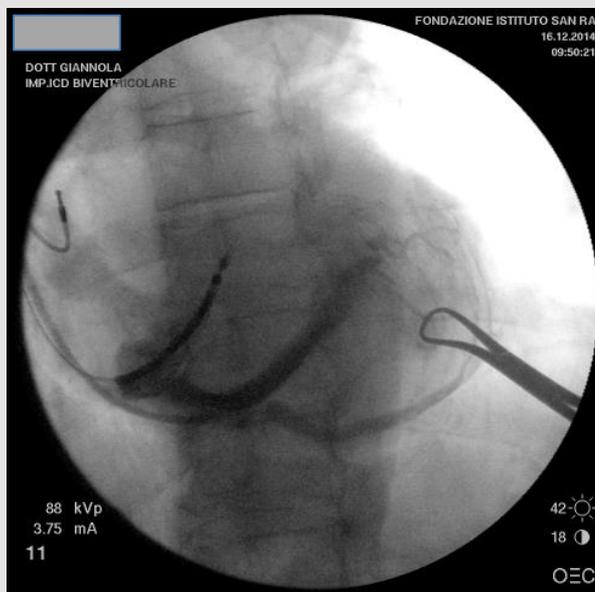
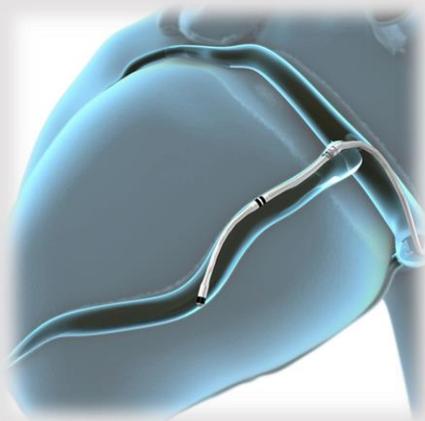
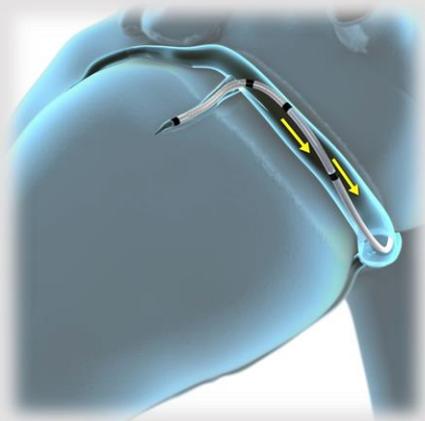
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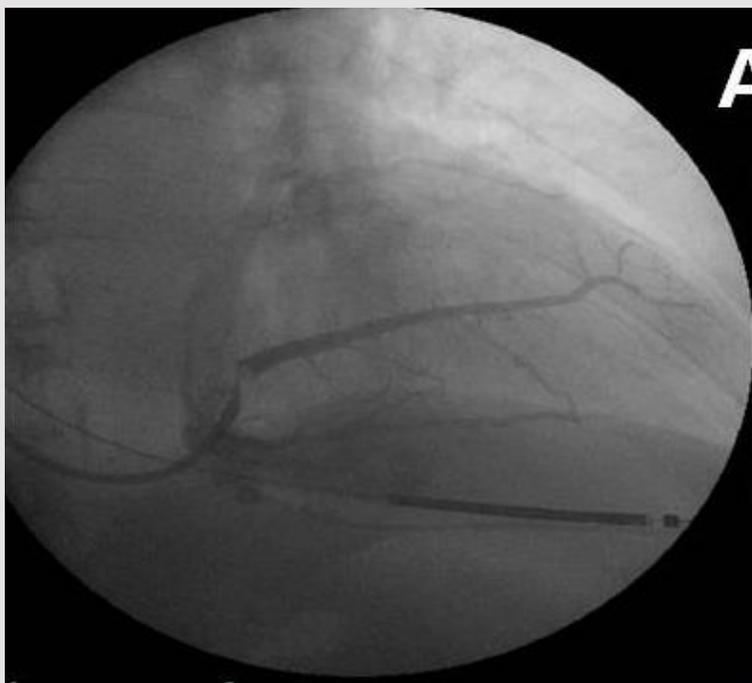


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## Left ventricular lead stabilization to retain cardiac resynchronization therapy at long term: when is it advisable?

Mauro Biffi<sup>1\*</sup>, Matteo Bertini<sup>2</sup>, Matteo Ziacchi<sup>1</sup>, Igor Diemberger<sup>1</sup>, Cristian Martignani<sup>1</sup>, and Giuseppe Boriani<sup>1</sup>



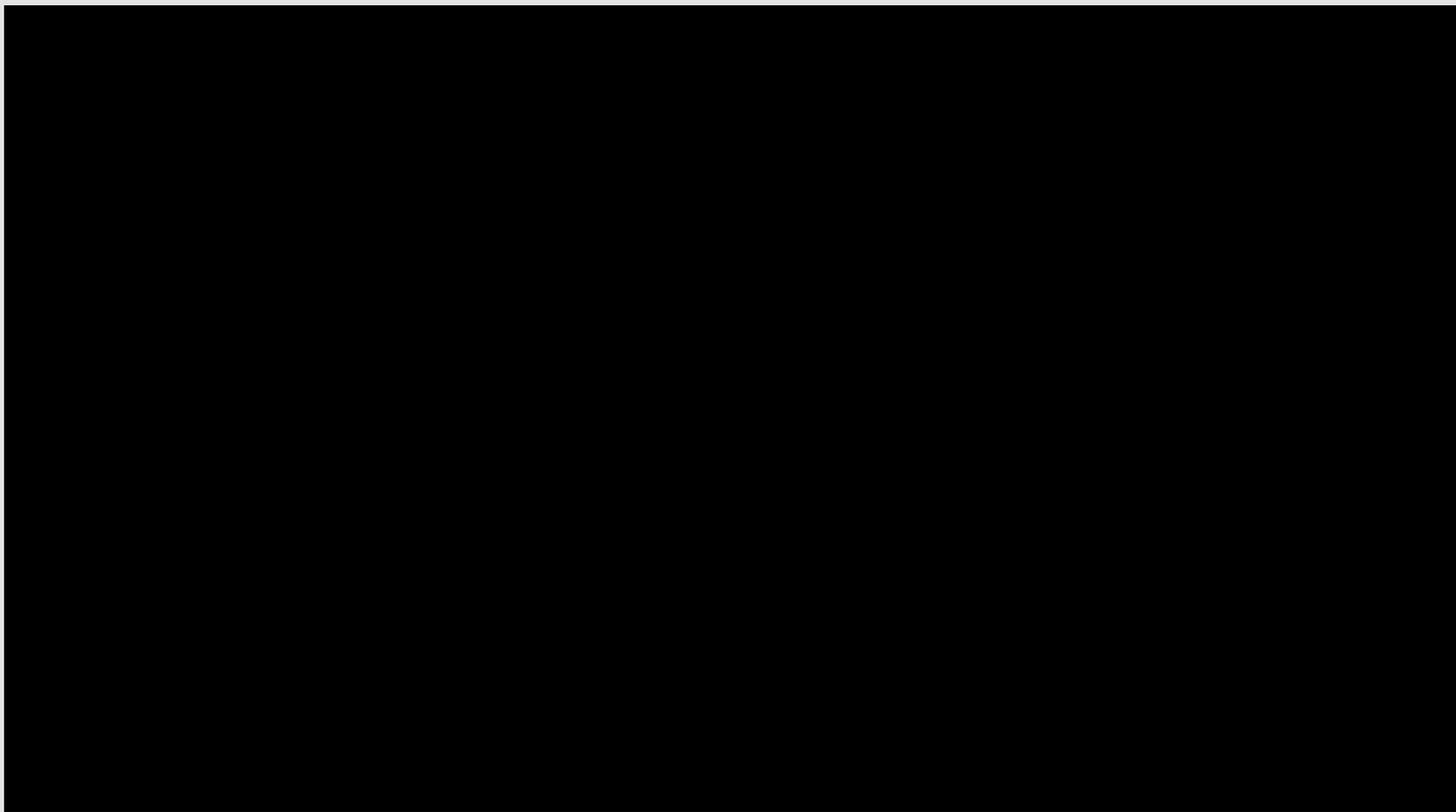


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## Attain Stability<sup>®</sup> 20066

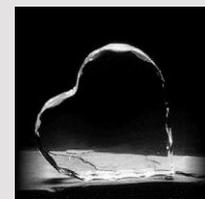
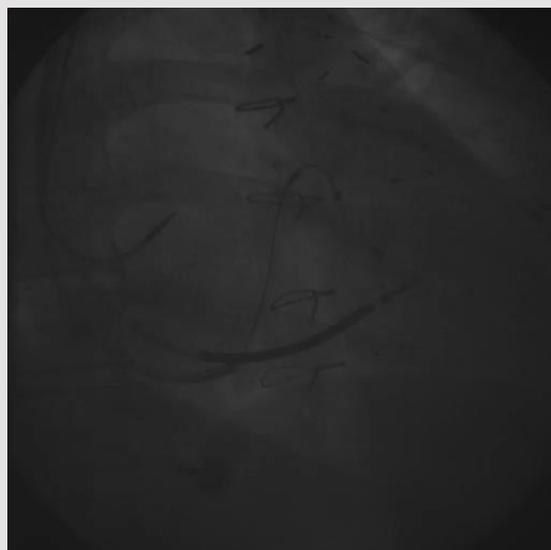
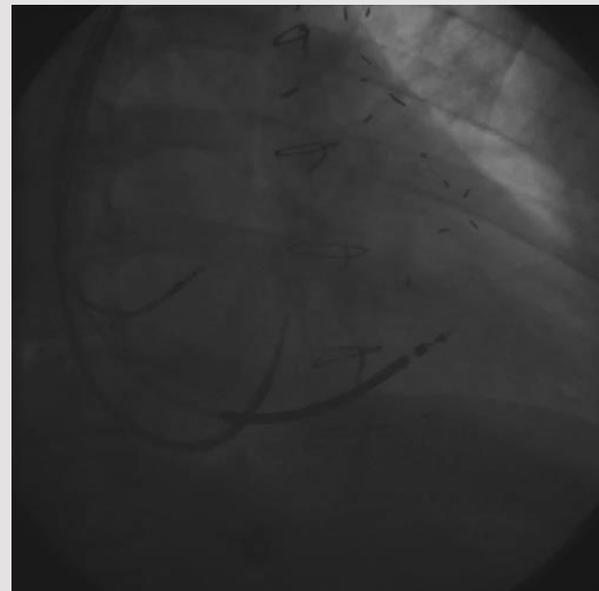
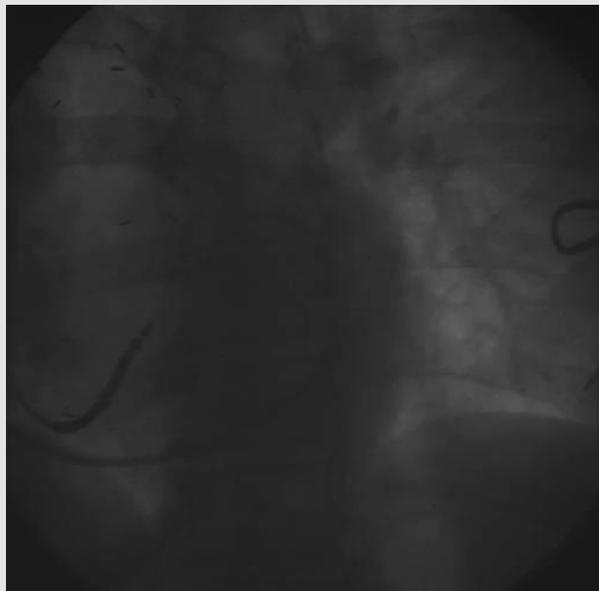
Active Fixation Lead





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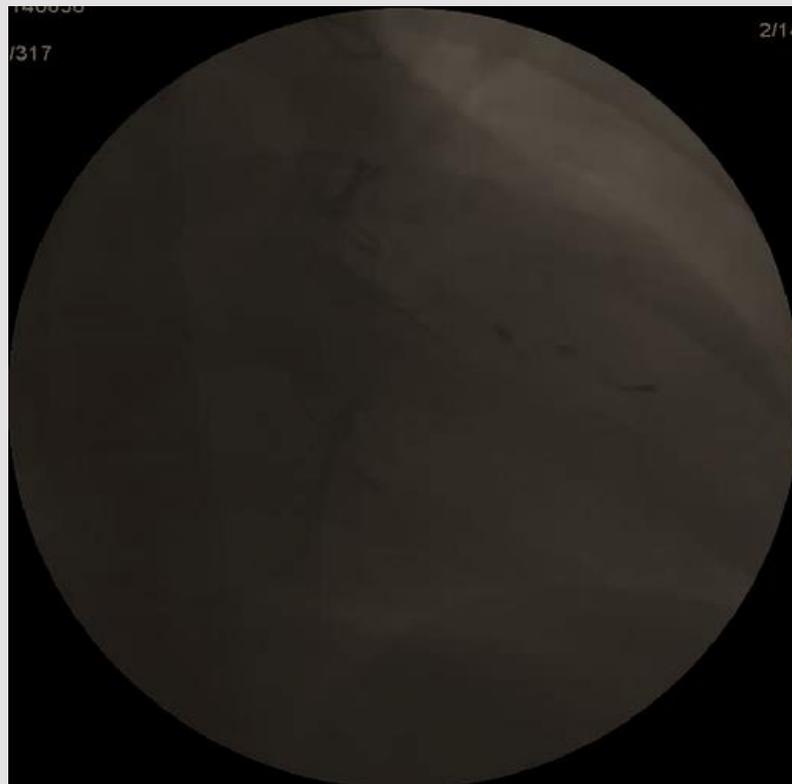
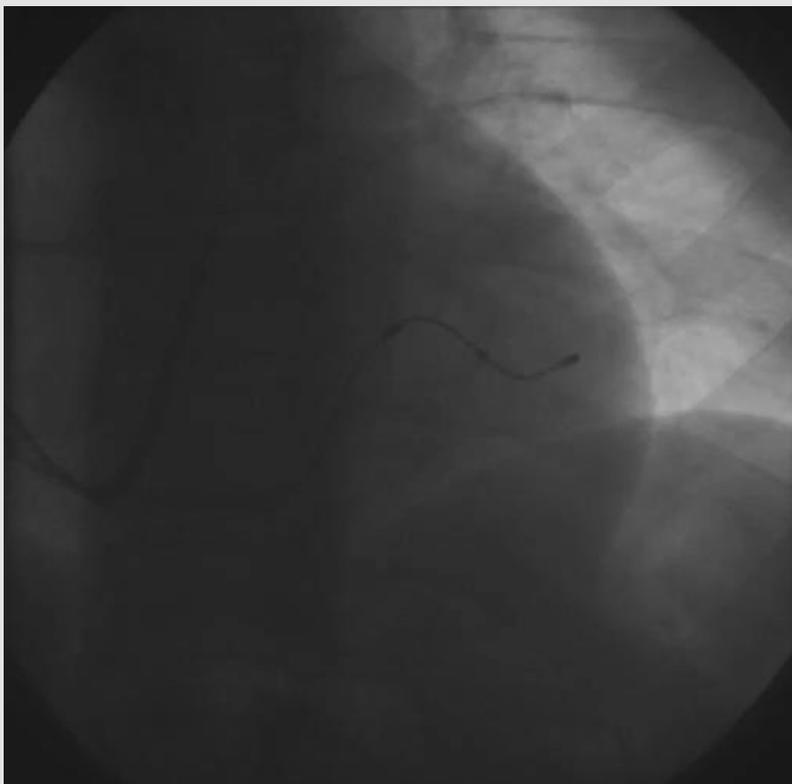
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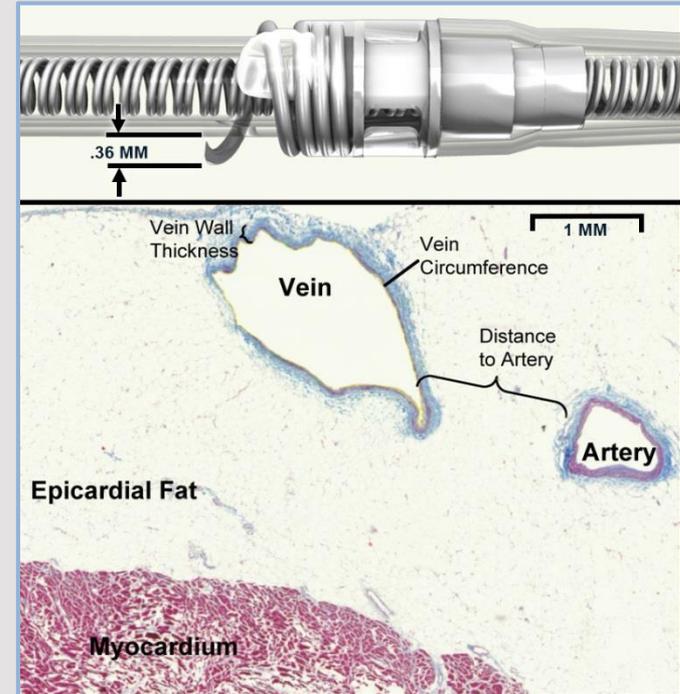
## Stability and safety

### Large safety margin

Distance between helix tip to lead body prevents disturbance of neighboring arteries

### Reposition with confidence

Helix diameter of .2 mm has shown negligible vein disturbance



### Prevent over-rotation

Mechanical stop will prevent helix from over-rotating, protecting vein tissue



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## Stability and safety

Implant a lead in CS is different to improve heart failure and survival reaching the best CRT.

The best results in CRT need:

- the appropriate patient
- the appropriate timing
- the appropriate LV placing
- the appropriate technology
- the appropriate programming
- the appropriate pharmacological Tx



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Thank you for the attention

